



DERBYSHIRE CARERS ASSOCIATION
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Dear Parent/Carer,

There are an estimated 1,500 young carers in Derbyshire. At the moment, Derbyshire Young Carers knows about 245 of them. This means that there are approximately 1,255 young people in Derbyshire who aren't getting the support that they could be.

A young carer is someone under 18 who helps to care for a relative, including a sibling, parent or grandparent, who has a physical disability, learning disability, mental health condition or suffers from drug and alcohol abuse. Caring responsibilities can include helping with housework, shopping and medication, personal care, caring for siblings and providing emotional support. These children are taking on more than their peers. They are amazing, resilient and resourceful.

Your child's school and Derbyshire Young Carers service can support these children, but only if we know who they are. Caring for someone at home can impact on a child's social development and opportunities, their attendance at school and their achievement. We can help limit that impact. Our service focuses on improving the situation for the child. This can be in the form of social groups and activities, days out, one to one support with a specialist worker, or support through school staff.

If you think your child, or a child you know could be a young carer, please contact your child's school, or Derbyshire Young Carers service. You can refer your child to the service yourself, or your school can do this for you. After being referred, a child will be assigned a case worker who will visit you and your child to discuss the type of support they might need.

If you would like more information about young carers, or how to identify a young carer, please get in touch.

Thanks for your support.

Helen Yates

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