



# PE

## Kit requirements and Faculty guidelines

**Dated:** September 2017

Students are required to wear kit in Belper School colours. Kit with the Belper PE logo is available from Children's Choice in Belper. Items from alternative suppliers in the same style and colour are acceptable.

### **Boys**

Royal blue reversible rugby jersey  
 Royal blue collarless t-shirt  
 Plain black shorts  
 Plain black football socks  
 White sports socks  
 Shinpads  
 Swimming trunks  
 Training shoes  
 Mouthguard for rugby and hockey

### **Girls**

Royal blue sweatshirt  
 Royal blue polo shirt  
 Plain black shorts  
 Plain black football socks  
 White sports socks  
 Shinpads  
 One piece swimming costume  
 Training shoes  
 Mouthguard for rugby and hockey

- Shinpads are compulsory for football, hockey and rugby.
- Football boots are not compulsory. Students who have them should bring them for football and rugby. An old pair of training shoes are an acceptable alternative.
- Track suit bottoms and extra layers may be worn during cold or wet weather, when lessons will often have to continue outdoors. This is at the discretion of PE staff.
- All visible piercings must be removed for PE lessons. The only exception that can be made is for newly pierced ears which may be taped over in the first 6 weeks for non-contact activities. Thereafter they must be removed. Students are required to provide their own tape. Students and parents/carers are asked to bear these rules in mind when considering new piercings.
- During hot weather students are encouraged to bring appropriate sun hats and sunglasses for outdoor PE lessons. They are advised to bring and apply some suncream. They are also reminder to consume plenty of water before and after their lesson.
- Students who are heavily involved in school clubs and teams may benefit from having extra items of kit eg. two pairs of football socks.
- Students will be able to hand valuables to a member of staff for safe-keeping during PE lessons and sports activities.
- Any student who is unable to be dressed in the correct kit should bring a note for their teacher.



- Any student who is unable to participate due to illness or injury should also bring a note **written and signed by a parent.** Students who are unable to participate for medical reasons will still be required to be part of their lesson. As this may mean they have to go outside in wet or cold weather, they should come appropriately dressed. On occasions, a long term medical issue may not preclude a student from all aspects of the subject and they will be found suitable activities in which to participate in order to help them progress.
- Students who choose to wear the new style of 'base layer' should wear black.
- Parents are kindly asked to ensure all PE kit is labelled with students' names to help the return of lost kit.