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Dear Parents/Carers

Derbyshire County Council (Public Health Department) have commissioned an Emotional Health and Wellbeing Survey for secondary schools in Derbyshire. This is the fourth year of the project.

The survey is called My Life, My View and is delivered to year 8 students. The survey has been developed by The Training Effect, a provider of services to schools and councils across the UK.

The project is about finding out young people's views on their emotional health and well-being - the things that worry them, how they cope with worries, their perceptions on their community and who they trust to speak to. The information gathered will be used to plan support services for young people.

All students currently in year 8 will be asked to complete a short survey (this is not mandatory) before the end of the academic year. The survey will be confidential and will ask them about their experience of a range of issues including Internet safety, friendships, alcohol and smoking.

At this stage we are inviting parents/carers to inform us **if they do not wish their child to take part** in this survey by writing a note clearly in their student planner – parents/carers should do this by Tuesday 9 July latest. Students must then show this to their Computing teacher in lesson when asked. If there is no note in the planner, then the student will participate in the survey.

Further details on the survey can be found at www.mylifemyview.org.uk further details on the work of The Training Effect can be found here www.thetrainingeffect.co.uk and you can contact them directly by emailing mail@thetrainingeffect.co.uk with any questions and for further information.

Yours sincerely

M Cooper
Headteacher