

PHYSICAL EDUCATION

AWARDING BODY: OCR



Course Specification link:

<http://www.ocr.org.uk/Images/234833-specification-accredited-a-level-gce-physical-education-h555.pdf>

Brief outline of course

Course Code - H555

The A Level Physical Education specification is divided into FOUR compulsory components. Each component is further sub-divided into topic areas. The four components are as follows:

1. Physiological Factors Affecting Performance
(Applied Anatomy & Physiology, Biomechanics and Exercise Physiology)
2. Psychological Factors Affecting Performance
(Skill Acquisition and Sports Psychology)
3. Socio-cultural Issues in Physical Activity and Sport
(Sport & Society and Contemporary Issues in Physical Activity & Sport)
5. Practical Performances
(Practical performance in ONE activity)
6. Evaluating & Analysing Performance for Improvement
(Verbal performance analysis task)

Assessment

Components 1, 2 & 3 will be assessed through THREE written theory papers (1 x 2hr and 2 x 1 hr) and is worth 70% of the total marks.

Component 5 & 6 is internally assessed, but externally moderated and is worth 30% of the total marks.

Are you interested in:

- Sports and its wide diversity
- Improving personal performance
- Working practically

Leading to a career in:

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|----------------------|---------------------------------------|
| • Teaching | • Physiotherapy |
| • Sports coaching | • Sports Journalism |
| • Sports development | • Nursing |
| • Armed Forces | • All aspects of the leisure industry |

Subject Entry Criteria

GCSE Physical Education Grade 6 **or** BTEC Physical Education Distinction.

Science (Biology) and Maths minimum Grade 5.

Candidates must be taking part in regular organised competitive sport outside of school for assessment purposes.

Teachers to contact:

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