

# Knowledge Organiser

Year 8 Spring 1 2025

*Create Your Future*

“You can do something and give it your best and it doesn’t need to be perfect for it to be a success.”

“With opportunity and support, anything can happen.”

**Chris McCausland**

Comedian and Strictly Come Dancing Champion 2024



Name:

Tutor Group:

# Contents Page

Timetable	3
School Expectations	4
Attendance	5
Guided Reading Tracker	6
Subject: English	7
Subject: Maths	10
Subject: Science	12
Subject: Geography	14
Subject: History	15
Subject: World Views	16
Subject: French	17
Subject: German	19

Subject: Computing	21
Subject: PE	22
Subject: Art	25
Subject: Drama	28
Subject: Music	29
Subject: D&T Food	30
Subject: D&T Textiles	31
Subject: D&T 3D	32
Subject: PSHE	33
Extra-curricular timetable	34

Science, PE and Technology are on a rotation so have multiple pages in this booklet. Your teacher will direct you to the appropriate pages when setting work.

# Timetable

Week 1	1	2	3	4	5
Monday					
Tuesday					
Wednesday					
Thursday					
Friday					

Week 2	1	2	3	4	5
Monday					
Tuesday					
Wednesday					
Thursday					
Friday					

## In Class Expectations



*Create Your Future*

**BE CURIOUS**

**BE RESPECTFUL**

**BE RESILIENT**

**BE CONFIDENT**



**BE THE BEST VERSION OF YOURSELF**

**BE BELPER**

## Out of Class Expectations



*Create Your Future*

**BE INVOLVED**

**BE KIND**

**BE BRAVE**

**BE PROUD**



**BE THE BEST VERSION OF YOURSELF**

**BE BELPER**

Being in school and being on time is crucial for success and preparing for the future. Lost learning can lead to additional anxiety and pressure to catch up work and risks the student falling even further behind.

*Create Your Future*



**BE PRESENT**  
**BE PUNCTUAL**

THERE ARE 175 NON-SCHOOL DAYS DURING THE YEAR TO SPEND ON FAMILY TIME, VISITS, HOLIDAYS, SHOPPING, HOUSEHOLD JOBS AND OTHER APPOINTMENTS

DAYS OFF SCHOOL ADD UP TO LOST LEARNING

**BE BELPER**

<p>100%</p> <p>OUR TARGET FOR ALL STUDENTS</p>
<p>97%</p> <p>6 DAYS ABSENCE 30 HOURS LOST LEARNING</p> <p>EXCELLENT OR GOOD ATTENDANCE BEST CHANCE OF ACADEMIC SUCCESS</p>
<p>95%</p> <p>10 DAYS ABSENCE 50 HOURS LOST LEARNING</p> <p>WORRYING AT RISK OF MAKING IT HARDER TO PROGRESS</p>
<p>90%</p> <p>19 DAYS ABSENCE 95 HOURS LOST LEARNING</p> <p>CONCERN LESS CHANCE OF SUCCESS AND SIGNIFICANTLY REDUCES LEARNING</p>

## Attendance

- 90% attendance is half a day missed every week
- 90% attendance in one school year is 4 whole weeks of lessons (100 lessons) missed in that year.
- 90% attendance over 5 years of secondary school is half a year of school missed.
- Evidence suggests that, on average, every 17 days of school missed by a student equates to a drop of 1 GCSE grade.

## Punctuality

- 10 minutes late each day = 50 minutes of lessons missed each week
- 10 minutes late each day = 2000 minutes (33.3 hours, 5.5 days) every academic year
- 10000 minutes (166.5 hours, 27.5 days) of missed learning from year 7 to year 11.

*“Everyday you show up, you’re investing in your future self. Don’t underestimate the power of attendance.”*

**BE PRESENT**

**BE PUNCTUAL**

# Guided Reading Tracker



Date	Title and author	Summary of reading (+interesting or new vocabulary learned)	Signed:	

As part of your library lessons, you are expected to complete **at least 20 minutes** of reading once a fortnight.

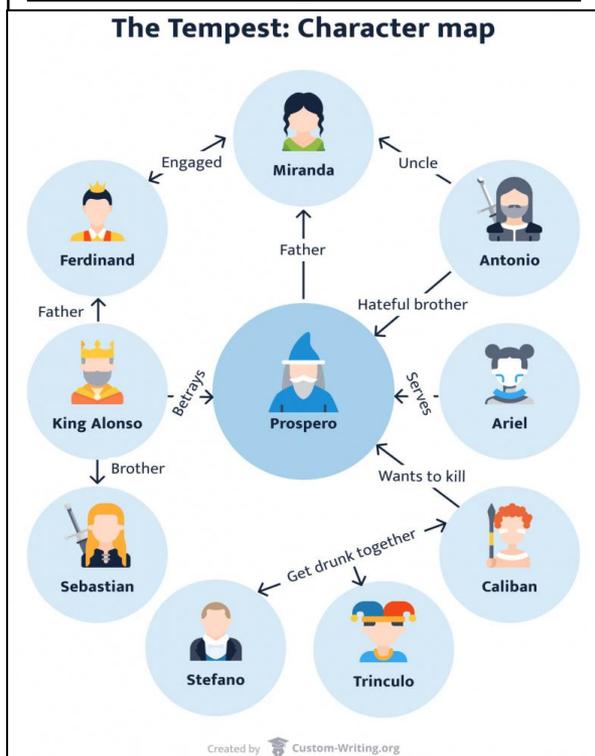
To track your reading, you need to complete a row of the table before each library lesson to show details of the book you have read.

Your table also needs to be signed by someone who has witnessed you reading. This will most likely be a parent/guardian but it can alternatively be signed by your tutor, classroom teacher, buddy reader, TA or Sarah in the library.

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Colonialism</b>	Acquiring political control over another country, occupying it with settlers, and exploiting it economically.
<b>Tempest</b>	A violent storm
<b>Pathos</b>	To evoke emotional responses in the audience
<b>Duality</b>	Two sides to a character
<b>Shakespearean Tragicomedy</b>	A play which contains elements of both tragedy and comedy
<b>Usurper</b>	A person who takes power from another with no right to
<b>Playwright</b>	Someone who writes plays – note the ‘wright’ means ‘maker’
<b>Duchy / Dukedom</b>	Areas ruled over by a Duke, such as Milan in the play
Tier 2 vocabulary	Definition
<b>Infer</b>	To work something out based on evidence
<b>Connotation</b>	What a word makes you think of
<b>Impact</b>	The effect something has on a reader
<b>Reiterates</b>	Reinforcing an idea within a text
<b>Develop</b>	To advance a particular viewpoint
<b>Ambiguous</b>	Not clear or decided – open to interpretation
<b>Authority</b>	To have the power or right to give orders, and make decisions
<b>Benign</b>	Gentle or not harmful
<b>Malevolent</b>	Evil or deliberately bad

Section 2: New Key Skills/Strategies	
Shakespeare was a great wordsmith and introduced over 1700 words to the English Language. This sometimes means that some of his vocabulary can be hard to follow. Don't worry too much about every single word – as long as you get the gist of the story and can work out what the characters are like, that's enough. Treat it a bit like a foreign language. Here's some common words and their meanings:	
thou / thee	you
o'er	over
e'er	ever
doth / dost	does / do
hark	listen
prithee	pray thee

Section 3: Themes
The Tempest is one of Shakespeare's last plays and explores a number of important themes.
<b>Justice</b> The story involves an unjust act, Prospero and Miranda's banishment to the island, and then Prospero's attempts to re-establish justice – but any consideration of justice is from Prospero's viewpoint and so is that really fair?
<b>Man or Monster</b> The play explores the nature of monster, and considers whether monsters are born or made. It also raises questions about who is a monster? Caliban looks like a monster, but are Trinculo and Stefano more monstrous in how they try to use him?
<b>Colonisation</b> Themes surrounding the idea of colonisation are explored, particularly connected to ownership of the island. Who has the 'right' to lead other people and where does that so-called right come from?
<b>Children and Family</b> Through the characters of Miranda and Ferdinand, but also Caliban and Ariel, the play looks at questions of family and how important children are.



Section 3: Writing about Shakespeare	
Question: How does Shakespeare present the character of Prospero?	
Connect	In the first instance,
Point	Shakespeare presents Prospero as being a caring father to Miranda. Prospero says when we first meet him that he has done nothing
Evidence	'but in care of Miranda'
Analysis	which means that everything he has done is for her.
Think Impact / Intention	This suggests that he is a very caring father, who is always looking out for his daughter.
Going for excellence? Why not try adding some alternative ideas on. For example: On the other hand, this could suggest that he's a very <b>controlling</b> father as it makes the audience think that he's <b>dominating</b> every area of Miranda's life. It seems a bit obsessive to be doing everything for your daughter.	

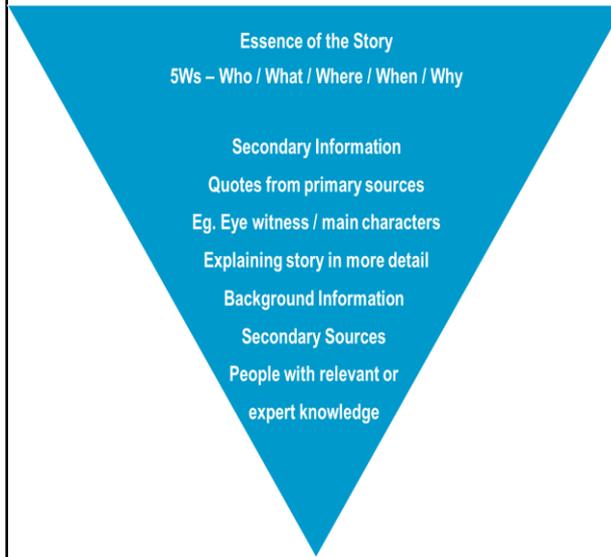
Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Tabloid</b>	A newspaper which adopts an informal tone and focuses on less serious news
<b>Broadsheet</b>	A newspaper which adopts a formal tone and focuses on serious news
<b>Sensationalism</b>	A highly emotive style of writing often adopted by tabloid journalists & newspapers
<b>By-line</b>	The name of a journalist on a news report
<b>Lead Story</b>	The main story on a newspaper front cover
<b>Masthead</b>	The title of a newspaper, including its design features

Tier 2 vocabulary	Definition
<b>Pun</b>	A clever and amusing use of a word or phrase with two meanings, or of words with the same sound but different meanings
<b>Alliteration</b>	When several words close together all begin with the same letter or sound.
<b>Bias</b>	A tendency to prefer one person or thing to another
<b>Emotive Language</b>	Using specific word choices to evoke an emotional reaction from the reader.
<b>Metaphor</b>	A figure of speech that, for rhetorical effect, directly refers to one thing by mentioning another
<b>Personification</b>	Attributing human qualities to something non-human / inanimate.

**Section 2: New Key Skills/Strategies**

Over the course of the unit you will need to use the following strategies to structure your writing:

Structuring a News Story – The Inverted Triangle



**News Report Writing Conventions:**

- Written in **third person**
- Written in **past tense**
- First person perspectives can be offered through **direct speech**
- Structured using the **Inverted Triangle** format – from most important to least important information
- Level of **formality** depends on the type of publication – tabloid or broadsheet
  - Tabloids adopt an **informal** tone
  - Broadsheets adopt a **formal** tone
- Include a **headline, by-line & a date**

**Section 3: Sample News Report Opening**

Using the 5 Ws:

WHEN? WHO?

WHERE? WHAT?

Yesterday, a group of armed insurgents detonated three explosive devices at Forward Operating Base Freedom in Basra, Iraq. The attack was thought to be in direct response to the US Army's bombing of a petrol station in the local area.

**Key Reporting Phrases:**

- It is thought that...
- An eyewitness stated...
- Eyewitnesses report that...
- Reports suggest...
- Sources from...
- An army spokesperson claimed...
- It has been alleged that.

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
Protagonist	The main character in a story
Antagonist	The major character or force that opposes the protagonist
Dynamic Character	A character who undergoes a significant, lasting change, usually in his or her outlook on life
Static Character	A character who does not change in the course of a story
Foreshadowing	To hint at something that will happen later in the story
Narrative	Another word for a story
Conflict	A struggle between opposing characters and forces
Tier 2 vocabulary	Definition
Atmosphere / Mood	The main feeling that is created in a story
Character	The fictional persons who carry out the action of a story
Setting	The time and place in which a story is set
Theme	Messages in the story
Novel	A long story with chapters

**Section 2: New Key Skills/Strategies**  
**CPEAT Writing**

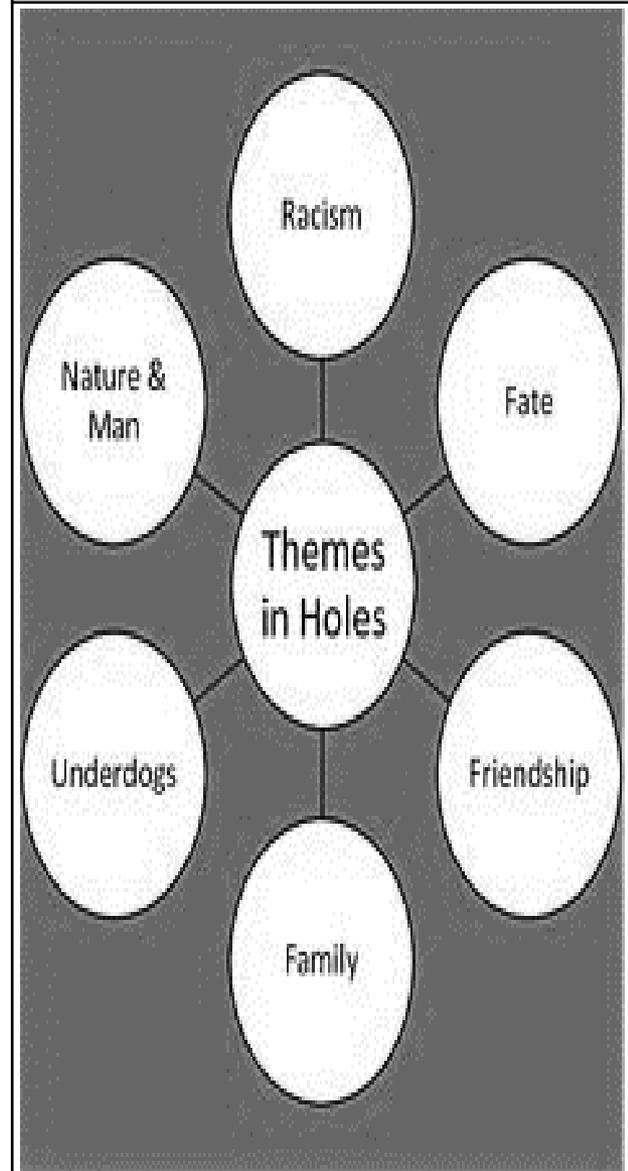
Example- How does the writer build tension towards the end of the novel?

- C** Connective- Firstly, Moreover, In conclusion,
- P** Point- The writer uses a simile to...
- E** Example-This is illustrated by '.....'
- A** Analysis- This suggests... This infers...
- T** Think intention and impact- The writer's intention is... This evokes a sense of ...



Firstly, the writer uses evocative verbs to build tension. For example 'If he pulled too hard, he feared, he'd cause a cave-in'. The verb 'feared' shows that Stanley must be careful with the chest, otherwise it might fall back into the hole. This evokes tension for the reader because we are in suspense wondering if he will get to see what is inside.

**Section 3: Themes in Holes**



Section 1: Key Vocabulary	
Tier 3 vocabulary	
<b>Integers</b>	Whole numbers
<b>Decimal Places</b>	Digits after a decimal point
<b>Significant figures</b>	The digits in a number with the <b>largest place values</b>
<b>Place value</b>	The actual value of a digit according to the column in which it sits
<b>Upper Bound</b>	The largest value that a rounded number might originally have had.
<b>Lower Bound</b>	The smallest value that a rounded number might originally have had.
<b>Error Interval</b>	The range of values that a number could have been before it was rounded

Tier 2 vocabulary	
<b>Limits</b>	A value beyond which a number may not extend or pass
<b>Round</b>	Rounding means making a number shorter or simpler but keeping its value close to what it was.
<b>Approximate</b>	A value which is close to but not equal to the true value of a number
<b>Estimate</b>	A calculated value made using rounded numbers
<b>Truncate</b>	To cut a decimal number short
<b>Error</b>	The difference between an estimated value and the true value

**Maths watch revision QR codes**

Rounding	Rounding	Significant figures	Estimation

Section 2: New Knowledge/Skills
You should already know how to round numbers to the nearest: <i>integer</i> eg. 32.38 rounds to 32 32.8731 rounds to 33 <i>ten</i> eg. 32 rounds to 30 36 rounds to 40 <i>hundred, thousand and so on</i>

**Rounding To A Given Number Of Decimal Places (d.p.)**  
Eg Round the number 12.68 to 1 decimal place (1 d.p.)

So 12.68 **rounds** to 12.7 to one decimal place (1 d.p.)  
**BUT** if we **truncate** 12.68 to 1 d.p. we get 12.6

<b>Rounding To A Given Number Of Significant Figures (sig. fig.)</b>
In the number 234, the most significant digit is the 2 because it represents 200, whereas the 3 only represents 30 and the 4 is 4. <b>We could understand significant as having the biggest value.</b> So when we round to the nearest significant figure we are rounding to the column with the same place value as the most significant figure. 234 rounded to 1 significant figure (1 s.f.) rounds to the 100 column. 234 rounds to 200 234 rounded to 2 significant figures rounds to the tens column. 234 rounds to 230 0.0234 rounded to 1 significant figure (1 s.f.) rounds to the 100ths column. 0.0234 rounds to 0.02

**Estimation**  
When we find approximate values of calculations using estimation, we round all the values in the calculation to 1 sig fig before calculating.

$$\frac{62.5 + 7.9}{12.4} \approx \frac{60 + 8}{10} = \frac{68}{10} = 6.8$$

**Error Intervals**  
An error interval uses the inequality symbols (<, >, ≤, ≥) to show all the values that a rounded number might have had **before** it was rounded.  
In the example in Section 2 we rounded 12.68 to 12.7. If it hadn't been 12.68 what else could the number have been? We can see from the number line that everything to the right of 12.65 rounds up to 12.7. 12.65 also rounds up to 12.7, so  $x \geq 12.65$ . Beyond 12.7 everything up to 12.75 rounds down to 12.7, but at 12.75 we start rounding up to 12.8, so  $x < 12.75$ , giving the following error interval for 12.7 rounded to 1 d.p.  
 $12.65 \leq x < 12.75$

**Section 3:**

**Rounding Examples**

	Nearest integer	1 decimal place	2 decimal places	1 significant figure	2 significant figures
43.782	44	43.8	43.78	40	44
154.967	155	155.0	154.97	200	150
0.0816	0	0.1	0.08	0.08	0.082

**Estimation**  
**Q.** Find approximate values for the following calculations and state whether the estimate is an over-estimate or under-estimate.:

a)  $4.85 \times 28.7 \div 96.2$  **A:** 1.5 (over)

b)  $\frac{642 \times 318}{43 \times 4.9}$  **A:** 900 (over!)

**Error Intervals**

**6.2cm**  
**3.4cm**

**Q.** If each measurement is given to one decimal place, state the error interval for the length and the width of the rectangle.  
**A:**  $6.15 \leq \text{length} < 6.25$  and  $3.35 \leq \text{width} < 3.45$

**Q.** What are the values for the smallest possible area and the largest possible area for the rectangle?  
**A:** smallest =  $20.6025\text{cm}^2$  largest =  $21.5625\text{cm}^2$

**Q.** What is the largest possible **error** in the area?  
**A:** 0.96

## Section 1: Key Vocabulary

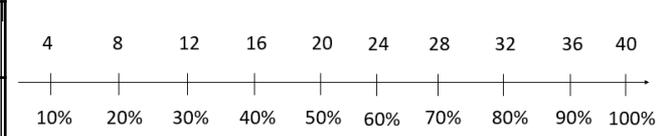
Tier 3 vocabulary	Definition
<b>Direct proportion</b>	When one value increases so does the other. One of the values is a multiple of the other value
<b>Inverse proportion</b>	When one value increases and the other decreases
<b>Scalar multiplier/ Scale factor</b>	Is a number that moves <i>along</i> lines in a double number line, that is, stays within the same variable
<b>Functional multiplier</b>	Is the multiplier that links the two quantities
Tier 2 vocabulary	Definition
<b>Percent</b>	A proportion that shows a number as parts per hundred. The symbol % means 'per cent'
<b>Percentage Increase</b>	Adding a given percentage of a value to the original value
<b>Percentage Decrease</b>	Subtracting a given percentage of a value from the original value
<b>Proportion</b>	Two or more quantities that increase or decrease at the same rate

## Maths watch QR codes

% of amount 	% increase/ decrease 	% 
Direct proportion 	Inverse proportion 	

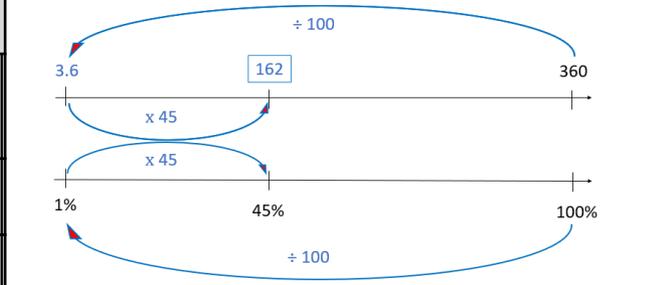
## Section 2: Representations

We can utilise a double number line to work with percentages. By making the original value equal to 100%, we can partition the number line to find other percentage:



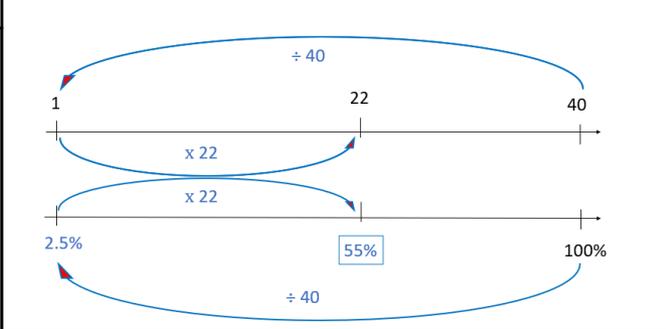
We can use all of our existing skills in **scaling** numbers in when working with percentages.

**Example question - What is 45% of 360?**



Likewise, we can use scaling to express one amount as a percentage of another.

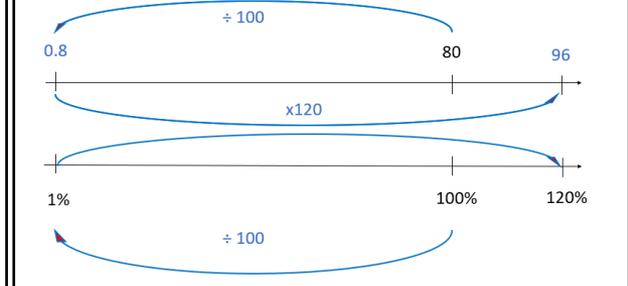
**Example question – What is 22 out of 40 as a %?**



## Section 3: Procedures

To increase a value by a given percentage, we can start by thinking about scaling from the original value (100%), down to find 1% and then scale up to a percentage larger than 100.

**Example questions – Increase £80 by 20%**



Numerically, our procedure is:  $80 \div 100 \times 120$

Which is the same as:

$80 \times 120 \div 100$  or  $80 \times \frac{120}{100}$  or  $80 \times 1.2$

Here we arrive at the most efficient method for increasing a value by a given percentage, the **multiplier method**.

A proportionality table is an even more efficient way to represent this procedure.

80	96
100%	120%

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Oesophagus</b>	The muscular tube that connects the mouth to the stomach
<b>Hydrochloric acid</b>	The acid in the stomach which aids digestion
<b>Absorption</b>	The process of taking digested food products from the small intestine into the blood. Uses microvilli
<b>Small Intestine</b>	The part of the guts in which most of digestion and absorption takes place
Large Intestine	The part of the guts in which water is absorbed back into the blood.
<b>Malnutrition</b>	Lack of proper nutrition.
<b>Obesity</b>	The condition of being very overweight, often through eating large amounts of fat and carbohydrates.
<b>Food group</b>	A group of foods that share similar nutritional properties.
<b>Food test</b>	Chemical tests that are used to determine if a specific food group is present.
<b>Digestion</b>	Process of breaking down large insoluble molecules into smaller soluble molecules.
<b>Liver</b>	Organ that produces bile.
<b>Peristalsis</b>	The squeezing of the muscles of the oesophagus to push food down into the stomach.
<b>Pancreas</b>	Where the majority of digestive enzymes are produced. Also responsible for controlling blood sugar levels.
<b>Catalyst</b>	A molecule that speeds up a chemical reaction without being used itself.
<b>Enzyme</b>	A biological catalyst.
<b>Substrate</b>	The molecule that an enzyme acts on eg: starch is a substrate as it is broken down by an enzyme.
<b>Active site</b>	The space on an enzyme where the substrate joins.
<b>Denature</b>	When the active site of an enzyme changes shape and the substrate no longer fits.

Section 2: Food Groups and the Digestive system		
Food group	Use	Food test/ positive result
Complex carbohydrates (Starch)	Energy	Iodine = black
Simple carbohydrate (Sugar)	Energy	Benedict's = green, yellow, orange or red
Proteins	Growth and repair	Biuret = purple
Lipids (fats)	Energy storage	Emulsion test = white

Vitamins. Minerals and fibre are also key food groups. They are responsible for keeping key systems in the body working correctly; for example the nervous system.

**The Digestive System**

**Absorption in the Small Intestine**

This image is not to be copied or re-used.

**Section 3: Digestive System**

**Organs of the Digestive system**

Draw a table showing the names of all the organs of the digestive system (aim for 8) and their functions

**Enzymes**

Enzymes are used in digestion to break down large molecules.

**Lock and key hypothesis**

The lock and key hypothesis explains that only one substrate can fit into the active site of an enzyme. If enzymes are put into the wrong conditions their active site changes shape. This is called denaturing. This means the enzymes can no longer work this happens in;

- A too low or high pH
- A high temperature

**Questions**

- Explain why digestion is important.
- Describe the route of food through the digestive system.
- Describe the role of each organ in the digestive system.
- A food turns purple with benedict's and white with the emulsion test, explain what this shows.
- Explain how enzymes aid the digestion of food?
- Explain how enzymes are denatured and the effect of this.

**Section 1: Key Vocabulary**

Tier 3 vocabulary	Definition
<b>Atom</b>	The smallest part of a chemical element which can take part in a chemical reaction and remain unchanged
<b>Element</b>	A substance which cannot be broken down into simpler substances
<b>Molecule</b>	A group of chemical atoms joined together by chemical bonds
<b>Compound</b>	A substance which consists of two or more different elements chemically joined together.
<b>Periodic table</b>	A list of all the known chemical elements.
<b>Group</b>	A column on the periodic table. Elements in the same group react in a similar way.
<b>Period</b>	The rows on the periodic table
<b>Chemical Symbol</b>	Letters which are used to represent a chemical.
<b>Word equation</b>	Word equations are used to represent chemical reactions.

**Tier 2 vocabulary**

Tier 2 vocabulary	Definition
<b>Mixture</b>	A substance containing two or more different substances which are not joined together.
<b>Property</b>	The way a substance behaves or reacts.
<b>Chemical reaction</b>	When the particles in substances join together or split apart to form new substances

**Section 2: New Knowledge/Skills**

<p><b>Element</b></p> <p>An element contains only one type of particles.</p>	<p><b>Compound</b></p> <p>A compound contains more than one type of particle. The different particles are joined.</p>	<p><b>Mixture</b></p> <p>A mixture contains more than one type of particle. The different types of particle are not joined.</p>
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Metals	Non Metals
Conduct heat and electricity.	Poor conductors of heat and electricity.
Malleable (can be shaped)	Brittle
Ductile (can be pulled into wires)	Most have low melting points.

**Word equations**

These show what happens in a chemical reaction.

**Reactants → Products**

Group 7 is called the Halogens

Group 0 is called the Noble Gases

Transition metals

Columns on the periodic table are called groups.

Group 1 is called the Alkali Metals

Group 7 is called the Halogens

Group 0 is called the Noble Gases

separates metals from non-metals

These elements are metals

These elements are non metals.

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Air pressure</b>	The weight of the air pushing down on the earth.
<b>Anticyclones</b>	High pressure system - dry , calm conditions.
<b>Clouds</b>	Water vapour condenses to make water droplets. We see these as clouds.
<b>Cold front</b>	Meeting of two air masses where the warm air is followed by cold air.
<b>Condensation</b>	Water vapour is cooled and turns into water droplets.
<b>Convective rainfall</b>	Rain formed when warm moist air rises due to the heat of the sun.
<b>Depressions</b>	Low pressure system - associated with wet, windy weather. Also called a storm.
<b>Frontal rainfall</b>	Rain formed when warm air rises over cold air at a front.
<b>Isobar</b>	A line joining points of equal air pressure on a weather map.
<b>Meteorology</b>	The study of the weather.
<b>Precipitation</b>	Water droplets in clouds become too heavy and fall as rain, hail or snow.
<b>Prevailing wind</b>	The direction the wind usually comes from - SW in the UK.
<b>Relief rainfall</b>	Rain formed as air is forced to rise over hills.
<b>Warm front</b>	Meeting of two air masses where the cold air is followed by warm air.
Tier 2 vocabulary	Definition
<b>Weather</b>	The day to day conditions of the atmosphere.
<b>Climate</b>	Average weather over at least 30 years.

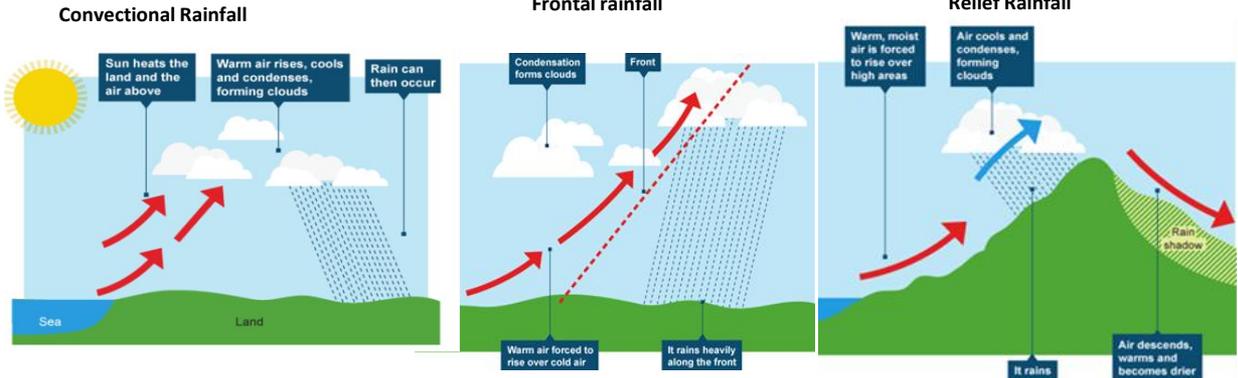
Section 2: New Knowledge

**Summer Anticyclones**

Clear settled conditions bring long, sunny, cloudless days and warm temperatures. The weather is normally dry, although occasionally very hot temperatures can trigger convectional rainfall and thunderstorms.

**Winter Anticyclones**

Cold, dry days with light winds. The clear skies allow heat to be lost from the earth's surface. Temperatures can decrease very quickly at night. Water vapour can condense and freeze on ground surfaces causing frost and ice.



**Latitude** - places near the equator are much warmer than places near the poles.

**Distance from the sea** – land and sea heat up at different rates. The sea takes a lot longer to heat up than the land but keeps its heat for longer as more than just the surface is heated up. In winter the sea keeps coastal areas warm and in the summer cools them down. The further away from the sea the wider the range of temperatures found there eg. central Russia.

**Altitude** – temperatures decrease by around 1°C for every 100m increase in height. Many parts of the Alps mountain range in Europe are over 4,000m above sea level which means they are 40°C colder than coastal areas.

**Prevailing winds** – the prevailing wind is affected by the area it blows over. The North Atlantic Drift is a warm ocean current that flows across the Atlantic Ocean from the Gulf of Mexico. It warms the prevailing winds or air masses, making western areas of the UK and Europe warmer than areas inland.

**The climate in the UK** is variable meaning it changes a lot. The UK has cool summers, mild winters and rainfall evenly spread throughout the year. The climate is classified as temperate which means we rarely experience extremes.

**Weather Instruments and units of measure:**

Temperature = Maximum/minimum **thermometer**, measured in °C.

Air pressure = **Barometer**, Millibars

Wind speed = **Anemometer**, Knots or mph.

Wind direction = **weather vane**, Compass points

Rainfall = **Rain gauge**, mm

Section 3: Geographical Skills

- Use the synoptic symbols, weather charts and satellites to analyse weather patterns.
- Interpret and draw climate graphs for the UK.
- Interpret climate maps for the UK and the world.
- Describe and explain weather patterns and the climate of the UK.
- Use new geographical terminology – weather and climate.

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Mansa Musa</b>	Ruler of the Malian Empire
<b>Medieval</b>	The period of History from 476-1492
<b>Hajj</b>	A religious pilgrimage made by Muslims
<b>Enslavement</b>	The action of making someone a slave.
<b>Abolition</b>	Bringing something to an end.
<b>West Africa</b>	The western section of the African continent. Made up of 17 countries.
<b>The Mali Empire</b>	A huge territorial empire that flourished in west Africa in the 13th and 14th centuries.

Tier 2 vocabulary	Definition
<b>Trade</b>	The action of buying and selling goods and services
<b>Independence</b>	The freedom to act freely
<b>Trade Triangle</b>	Trade between three countries
<b>Economic</b>	Involving money and trading
<b>Independence</b>	Being free from an overseeing power.
<b>Empire</b>	A group of states ruled over by a single monarch or country
<b>Kingdom</b>	An area ruled by a king.

**Unit Summaries:**

**1. What was the relationship like between Europe and Africa from 1200 to present?**

In 1312 the Malian King, Mansa Musa ruled a vast empire. Mansa Musa owned so much gold that even today, he is still considered the richest man to ever exist! At this time, Europe and Africa had a great relationship and both continents were seen as equals. This relationship began to change in the 1500's with the emerge of the Trade of Enslaved Africans which continued until the Slavery Abolition Act of 1833. We then look at the 'Scramble for Africa' and the consequences of colonisation on the relationship between Europe and Africa.

A Benin bronze made by people of the ancient Kingdom of Benin



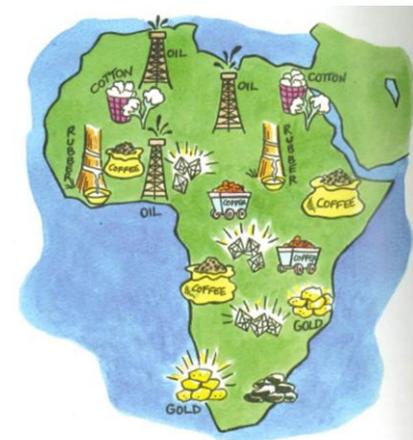
Task:

- Why does historian David Olusoga visit Bunce Island in Sierra Leone when learning about Black British history?
- What does the picture tell us about this island?



Task:

- Who could be represented in the middle of the plaque?
- What does this plaque tell us about the artists of Benin



SOURCE A: Africa's rich supply of raw materials.

Task:

- What clues does this picture tell us about the 'Scramble for Africa'?

Second order concept = Change and Continuity

Section 1: Key Vocabulary	
<b>Tier 3 vocabulary</b>	<b>Definition - to be filled in in class or homework tasks</b>
<b>Census</b>	An official count or survey, especially of a population.
<b>Challenging</b>	Testing one's abilities; demanding.
<b>Commitment</b>	The state or quality of being dedicated to a cause, activity, etc or an engagement or obligation that restricts freedom of action.
<b>Beliefs</b>	An acceptance that something exists or is true, especially one without proof.
<b>Mosque</b>	A Muslim place of worship
<b>Allah</b>	Arabic word of God, Muslim Deity.
<b>Prejudice</b>	Preconceived opinion that is not based on reason or actual experience
<b>Prophet</b>	A person regarded as an inspired teacher or proclaimer of the will of God.
<b>Buddha</b>	A person who has achieved full enlightenment.
<b>Gurdwara</b>	Sikh place of worship.
<b>Tier 2 vocabulary</b>	<b>Definition</b>
<b>Culture</b>	the ideas, customs, and social behaviour of a particular people or society.
<b>Expectations</b>	a strong belief that something will happen or be the case
<b>Scripture</b>	the sacred writings of Christianity contained in the Bible
<b>Language</b>	a system of communication used by a particular country or community

Section 2: New Knowledge/Skills
<p>This unit allows you to learn from Buddhist, Muslims and Sikh's and their way of living, beliefs and communities. It provides you with the opportunities to consider challenging questions about the place of religion in Britain today and within your own thinking.</p> <p>You will be able to use a range of disciplines and methods, including social data, philosophical questioning, interviews and working from sacred texts.</p> <p>Questions that you will cover include:                      Where do we belong?                      What does it mean to belong to a faith community?                      What does it mean to be religious in Britain today?</p> <p><b>World Views From Buddhist, Sikh and Muslim perspectives.</b></p> <p><b>New Knowledge.</b></p> <ul style="list-style-type: none"> <li>- Challenges of commitment in Britain today: how do teenagers express their commitments, including religious commitments?</li> <li>- What's it like to be a young Muslim in Britain today?</li> <li>- How Muslims can respond when are pictured as terrorist or fanatics? Why does this happen? How can other support young people who are faced with these accusations?</li> <li>- What is Jihad and how can it be understood by non-Muslim?</li> <li>- What do the three treasures give to Buddhists today? What is the effect of following the Five Precepts of the Buddha?</li> <li>- What is the value of belonging to the Buddhist community?</li> <li>- How does community help people be good?</li> <li>- Questions about suffering and what can we learn from a Buddhist story?</li> <li>- What is a Sikh? What is going on in British Sikhism today?</li> <li>- How are ancient language and the Sikh scriptures important to Sikhs today?</li> <li>- What identities might a Sikh person hold?</li> <li>- Why did Sikhs come to the UK?</li> </ul>

Section 3: Assessment Information
<p>By the end of this unit you should:</p> <ul style="list-style-type: none"> <li>- appreciate what is good about being a teenage Sikh, Buddhist or Muslim in Britain today and offer explanations to account for how and why teenagers have hold mulple religious and social identities in a diverse society.</li> <li>- Investigate and explain what the teenagers from the different religions say about Western values.</li> <li>- Explain how ancient spiritual practices are still relevant and important to religious groups today.</li> </ul> <p>Remember</p> <p><b>Knowledge</b> - what do you know about the different challenges that different religious groups face?</p> <p><b>Impact</b> - how do different religious beliefs, teachings and practices impact of a teenagers behaviour?</p> <p><b>Specialist terms</b> - use the relevant key vocabulary.</p> <p><b>Sources of authority</b> - what quotes could you use to back up what you are saying - e.g. from the Guru Granth Sahib, the Qur'an, Buddhist texts etc.</p> <p><b>Judgement</b> - is the point that you are making strong, or weak, valid or invalid and why?</p> <p><b>Opinion</b> - an acknowledgement and explanation that there are different points of view. Include your own point of view here too.</p> <div style="text-align: center;"> </div>

Section 1: Key Vocabulary/Questions	
Tier 3 vocabulary	Definition
<b>regular verb</b>	Follow a pattern
<b>irregular verb</b>	Do not follow a regular pattern
<b>auxiliary verb</b>	A verb used to show a verb's tense
<b>perfect Tense</b>	To describe what happened in the past
<b>past participle (pp)</b>	The verb changed into its past tense form e.g. ate, drank etc...
<b>conjugation</b>	The process of changing an infinitive using personal pronouns
<b>agreement</b>	A change to the ending of the word to identify the gender m/f/pl

Section 2: Grammar		
Verb AVOIR	to have, having	Regular past participles
j'ai	I have	passé spent (time)
tu as	You have	mangé ate/eaten
il/elle/on a	He/she/one has	regardé watched
nous avons	We have	écouté listened
vous avez	You (formal/plural have)	voyagé travelled
ils ont	They have (m, m/f)	fini finished
elles ont	They have (f)	vomi vomited
		attendu waited
		vendu sold

**Section 3: WAGOLL**

J'habite à Lyon en France. J'ai deux semaines de vacances à Noël et huit semaines en été. L'année dernière, en août, j'ai passé les vacances en Italie avec ma famille. Pendant les vacances j'ai visité tous les monuments célèbres comme le musée Uffizi. J'ai vu beaucoup de peintures comme La Primavera de Botticelli. C'était incroyable. Après, nous avons mangé des pâtes à la sauce tomate...très savoureuses ! Finalement, on a mangé de la glace. À mon avis, c'était très délicieux mais mon père a préféré le tiramisu. J'aime beaucoup l'Italie parce qu'il y a beaucoup de choses à faire. Je suis allée à Florence et j'ai voyagé en avion et en train. C'était assez confortable mais un peu fatigant. Normalement, à Noël, je passe les vacances chez moi. L'année dernière, je suis allée au parc d'attractions où j'ai bu de la limonade et j'ai fait les manèges. C'était super cool ! L'année prochaine je vais aller en Grèce avec mon frère aîné. Nous allons visiter les monuments anciens à Athènes, ça va être fantastique car on ne doit pas aller au collège.

**Examples:**  
 J'ai regardé I watched/ have watched  
 J'ai mangé I ate/ have eaten  
 J'ai écouté I listened/ have listened  
 Nous avons fini we finished/ have finished  
 Elle a attendu she waited/ has waited

**À savoir:**

Here is an quick way to remember how to form regular past participles.

er	>	é
ir	>	l
re	>	u

Questions	Translation
1. Où habites-tu ?	Where do you live?
2. Tu as passé des bonnes vacances ?	Did you have a good holiday?
3. Qu'est-ce que tu as fait?	What did you do?
4. C'était comment ?	What was it like?
5. Tu es allé(e) où ?	Where did you go?
6. Tu as voyagé comment ?	How did you travel?
7. Où vas-tu normalement en vacances ?	Where do you normally go on holiday?
8. Où vas-tu aller en vacances l'année prochaine ?	Where are you going to go on holiday next year?

<u>Irregular past participles</u>	
The infinitive	Past participle
<b>lire-</b> to read	lu- read
<b>boire-</b> to drink	bu- drank/ drunk
<b>apprendre-</b> to learn	appris- learnt/learned
<b>faire-</b> to do/make	fait- did/done
<b>avoir-</b> to have	eu- had
<b>prendre-</b> to take	pris- took/ taken
<b>voir-</b> to see	vu- saw/ seen

**Examples:**  
 J'ai lu I read/ I have read  
 J'ai fait I did/ I have done  
 Il a vu He saw/ He has seen

★ **Some verbs have ÊTRE (not AVOIR) as the auxiliary**

Verb Être	To be/being		
<b>Je suis</b>	I am	allé(e,s,es)	went/ been
<b>Tu es</b>	You are		
<b>Il/elle/on est</b>	He/she/one is	arrivé(e,s,es)	arrived
<b>Nous sommes</b>	We are	resté(e,s,es)	stayed
<b>Vous êtes</b>	You (formal/plural have)	tombé(e,s,es)	fell/ fallen
<b>ils sont</b>	They have (m, m/f)	rentré(e,s,es)	returned home
<b>elles sont</b>	They have (f)		

**FRENCH Y8 Word list Spring A**

	finalement	finally
	le bord de la mer	seaside
	la montagne	mountain
	la campagne	countryside
	les amis	friends
	la famille	family
	complètement	completely
	les vacances (fpl)	holidays
	le Noël	Christmas
	les Pâques	Easter

**FRENCH Y8 Word list Spring B**

	traîné (pp)	hung around
	traîner	to hang around/hanging around
	nager	to swim/swimming
	pendant	during
	la musique	music
	voyager	to travel/travelling
	organiser	to organise/organising
	bavarder	to chat/chatting
	retrouver	to meet up with
	seulement	only

**FRENCH Y8 Word list Spring C**

	c'était	it was
	vu (pp)	saw/seen
	fait (pp)	did/done
	bu (pp)	drank/drunken
	les manèges	the rides
	pris (pp)	took/taken
	les copains	friends (m, m/f pl)
	les copines	friends (f pl)
	un parc d'attractions	theme park
	un spectacle	a show

**FRENCH Y8 Spring D**

	qui?	who?
	avec qui?	with whom?
	comment?	how?
	C'était comment?	How was it?
	l'avion	plane
	le bateau	boat
	la voiture	car
	le train	train
	le car	coach
	le bus	bus

**FRENCH Y8 Spring E**

	vomir	to be sick/being sick
	vomi (pp)	vomited/was sick
	perdre	to lose
	perdu (pp)	lost
	en retard	late
	cher	expensive
	sale	dirty
	rater	to miss
	raté	missed
	il était	he/it was

**FRENCH Y8 Spring F**

	les États-Unis	USA
	dernier	last
	l'année dernière	last year
	gagner	to win
	gagné	won
	chez + name	at someone's house
	le jeudi	on Thursday
	faire de la voile	to go sailing
	la mer	sea
	en colo	on a holiday camp

REVISION: Scan the QR codes to access the word lists on [Quizlet!](https://www.quizlet.com)

**Phonics: r**

en retard	bord de la mer
quatre	traîner

**Phonics: qu**

qui	quand
quelle	que

**Phonics: tion/ ssion**

natation	action
passion	émission

**Phonics: cognates**

intelligent	arrogant
cinéma	films

Scan this QR code to go to [languagesonline.org.uk](https://www.languagesonline.org.uk) to practise the perfect tense





**GERMAN Y8 Word list Spring A**

sonnig	sunny
kalt	cold
heiß	hot
wolkig	cloudy
windig	windy
neblig	foggy
es regnet	it's raining/it rains
es schneit	it's snowing/it snows
es donnert	it's thundering
es blitzt	there's lightning*

**GERMAN Y8 Word list Spring B**

der Urlaub	holiday
die Ferien	the holidays
die Unterkunft	accommodation
die Jugendherberge	youth hostel
der Campingplatz	campsite
das Zelt	tent
das Hotel	hotel
das Ferienhaus	holiday house
die Ferienwohnung	holiday apartment
bei Freunden	at/with friends

**GERMAN Y8 Word list Spring C**

gegangen*	went/been
gefahren*	travelled
geflogen*	flew/flown
geschwommen*	swam/swum
das Auto	car
der Reisebus	coach
die Fähre	ferry
der Zug	train
die Bahn	train
das Flugzeug	plane

**GERMAN Y8 Word list Spring D**

nach Spanien	to Spain
nach Italien	to Italy
nach Frankreich	to France
nach Griechenland	to Greece
nach Amerika	to America
in die USA	to the States
in die Schweiz	to Switzerland
in die Türkei	to Turkey
nach Hause	home (going)
zu Hause	at home

**GERMAN Y8 Word list Spring E**

ich war	I was
du warst	you were
er/sie/es war	he/she/it was
wir waren	we were
sie waren	they were
obwohl	although
teuer	expensive
billig	cheap
schnell	fast/quick
langsam	slow

**GERMAN Y8 Word list Spring F**

neulich	recently
normalerweise	usually, normally
bald	soon
nach der Schule	after school
erstens	firstly
zuerst	firstly
dann	then
danach	afterwards
später	later
schließlich	finally

REVISION: Scan the QR code above to access the word lists on Quizlet!

This QR code links to all [the Y8 German Quizlet sets.](#)

**Phonics: eu**

Freund

Flugzeug

teuer

Eule

neun

Feuer

Leute

heute

**Phonics: s(before vowel)**

gelesen

sie

Reisebus

langsam

Hause

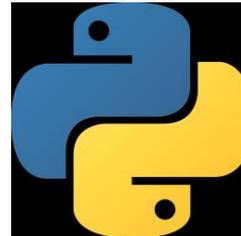
gesehen

Sommer

Hose

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Algorithm</b>	A set of instructions that need to be followed to solve a problem.
<b>Sequence</b>	A set of instructions in the right order.
<b>Variable</b>	Computer memory used to store data used in programs. Stored data can be changed.
<b>Data type</b>	Different types of data are stored in variables: strings, integers, float, Boolean.
<b>String</b>	Characters that can include any combination of letters. A string must be inside quotation marks.
<b>Integer</b>	A whole number e.g. 403 or 10.
<b>Float</b>	A decimal number e.g. 19.25 or -0.001.
<b>Syntax</b>	The format that the code needs to be in.
<b>Selection</b>	Is used to check a condition and then do one thing if the condition is True and another thing if the condition is False.
<b>Iteration</b>	When a set of instructions is repeated.
<b>Casting</b>	Used to change the data type of a variable.
<b>Concatenation</b>	Lets you combine two or more strings or inputs in an output.
Tier 2 vocabulary	Definition
<b>Programming language</b>	Used by programmers to write computer programs e.g. Python, SQL and Java.
<b>Execute</b>	To run a program. Select Run then Run Module OR press the F5 button.
<b>Condition</b>	Used to make decisions in a program.
<b>Process</b>	All modern computers function of the idea of input - process - output.

Section 2: New Knowledge/Skills												
<p><b>Print statement</b> - allows you to display text in the shell.  <pre>print ("Hello World!") print ("I am a programmer")</pre></p> <p><b>Input statements</b> - using input ( ) we can ask a user to input information.                       Entering an <b>integer</b>.  <pre>number = int(input("Enter a number"))</pre></p> <p><b>Concatenation</b>  <pre>userName = input ("What is your name?") print ("Hello! " +userName)</pre></p> <p>userName is a <b>variable</b>. Naming variables:                      Choose a recognisable name.                      Start with a letter NOT a number.                      Can contain letters, numbers and the underscore symbol ( _ )                      Variables are case sensitive (name, Name, NAME)</p> <p><b>IF statements</b> - used to select different options depending on a condition (also known as <b>selection</b>).</p> <pre>number = int(input("Enter a number between -5 and 5")) if number &gt; 0:     print ("Your number is positive") elif number &lt; 0:     print ("Your number is negative") else:     print ("Your number is 0")</pre> <p><b>Escape characters</b> - are used to add punctuation and formatting to print lines.</p> <table border="0"> <tr> <td><b>Escape character</b></td> <td><b>Output</b></td> </tr> <tr> <td>\"</td> <td>"</td> </tr> <tr> <td>\'</td> <td>'</td> </tr> <tr> <td>\n</td> <td>new line</td> </tr> <tr> <td>\t</td> <td>tab</td> </tr> <tr> <td>\\</td> <td>\</td> </tr> </table> <p><b>Boolean operators</b></p> <pre>&gt; greater than &gt;= greater than or equal to &lt; less than &lt;= less than or equal to == equal to != not equal to</pre>	<b>Escape character</b>	<b>Output</b>	\"	"	\'	'	\n	new line	\t	tab	\\	\
<b>Escape character</b>	<b>Output</b>											
\"	"											
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Section 3: Other subject specific content												
<p><b>Indexing strings</b> - Each individual character in a string can be given a index value. The first character in the string is given the index value 0. The table represents a string stored in the variable <b>programName</b>.</p> <table border="1" data-bbox="1309 294 1798 422"> <tr> <td>p</td> <td>y</td> <td>t</td> <td>h</td> <td>o</td> <td>n</td> </tr> <tr> <td>0</td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> </tr> </table> <p><b>Comments</b> - (#) an explanation or annotation in the code of a program. They make the source code easier for humans to understand, and are generally ignored by the computer.</p> <p><b>Syntax errors</b>                      Traceback (most recent call last):                      File "C:/Python33/a.py", line 2 in &lt;module&gt;                      # Above - it says the line the error is on.  <pre>    prin (greeting) NameError: name 'prin' is not defined #Above - it says what type of error.</pre></p> <p><b>Don't forget about checking for errors</b></p> <ul style="list-style-type: none"> <li>☒ Not indenting correctly, or forgetting to indent.</li> <li>☒ Forgetting the colon (:) at the end of a line for selection - if, elif, else.</li> <li>☒ Incorrect spellings - input instead of input, Print instead of print.</li> <li>☒ Misspelt variable names e.g. username instead of userName.</li> <li>☒ Forgetting the quotes at the end of strings.</li> <li>☒ Forgetting the bracket at the end of a function.</li> </ul> <p><b>Questions</b>                      What is a variable?                      Explain why is a bad idea to name a variable that will store the name of a car as xyz.                      What is wrong with this line of code?  <pre>Input ("What is your name?")</pre></p> <p>What will this code output?  <pre>name = "Guido" print ("name")</pre></p> <p><b>What nationality is Guido van Rossum?                      How did a British comedy TV series inspire him?</b></p>	p	y	t	h	o	n	0	1	2	3	4	5
p	y	t	h	o	n							
0	1	2	3	4	5							



# PE: Basketball

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Jump Shot</b>	The most common way to shoot the ball by jumping up straight to shoot over the defender.
<b>Set Shot</b>	Keeping the feet on the floor when shooting - only used for free-throw.
<b>Lay-up</b>	A close range shot taken with a running action after dribbling to the basket.
<b>Dribble-move</b>	Changing hands or direction when dribbling to evade a defender - key techniques are the crossover, spin, through-the-legs and behind-the-back.
<b>Man-to-man</b>	A defensive system where each player is responsible for marking a player from the opposing team.
<b>Over-dribble</b>	Taking too many bounces of the ball and either losing possession or having a negative effect on your team's attacking options.
<b>Violation</b>	Breaking the rules of the game such as travel, double-dribble, out-of-bounds, carrying.
<b>Foul</b>	Physical contact which gives an unfair advantage over an opponent.
<b>Free-throw</b>	If you are fouled when shooting, you will get a free-throw - basketball's equivalent of a penalty shot

## Section 2: New Knowledge/Skills

In Year 8 basketball you will develop your scoring ability by working on the two main **techniques** for scoring baskets: the **jump-shot** and the **lay-up**.

You will learn how to use the **skill of dribbling** more effectively in the game to help your team.

You will start to work as a team in games by communicating with each other to organise an effective **man-to-man** system. As your understanding of the game improves more rules will come into play to keep games fair and you may be asked to **referee** your classmates' games.

# PE: Net Games

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Rally</b>	Hitting the shuttle or ball back and forth with your opponent.
<b>Service</b>	Getting the rally started with a serve - there are some important rules to follow to keep things fair.
<b>Umpire</b>	Net games are officiated by an umpire - you will take a turn as umpire in most lessons.
<b>Love</b>	The score of zero in net games is called 'love' eg. 3-0 is said "3 love". Love comes from the French for 'egg' - l'oeuf - because a zero looks like an egg.
<b>Fault</b>	When a player breaks a rule they commit a fault. There are many faults that you will need to watch out for when umpiring.
<b>Court</b>	The correct name for the playing area in badminton.
<b>Tramlines</b>	The double lines around the badminton court.
<b>Service line/box</b>	Badminton courts have a service line and service box.

## Section 2: New Knowledge/Skills

In your Net Games lessons this year you will play some badminton and some table tennis, developing the key skills that you learned in Year 7 table tennis lessons and gaining an introduction to the key points of the game of badminton.

In table tennis you will develop your ability to play competitively against an opponent. In badminton you will be introduced to the basics such as grip stance, backhand, forehand, overarm, underarm as well as the key rules.

### Questions:

How many rules of the table tennis serve can you list?

How many rules of the badminton serve can you list?

What happens in each sport when the serve clips the top of the net?

In each sport, when does the serve go over to the other player?

# PE: Gymnastics

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Flight</b>	Producing gymnastic shapes and movements in the air, with or without assistance.
<b>Apparatus</b>	A piece of equipment used in a gymnastics lesson to enhance safety or enable you to perform skills.
<b>Cannon</b>	Performing skills or actions one after another.
<b>Mirror</b>	Performing skills and actions in time and in opposition.
<b>Vault</b>	A gymnastic skill performed using apparatus such as a box, buck or horse.
<b>Controlled landing</b>	Landing safely and effectively on 2 feet, having performed gymnastic flight.

## Section 2: New Knowledge/Skills

Do you know 3 important **safety procedures** that we should follow when setting out apparatus in a gymnastics lesson?

Can you explain what the following pieces of **apparatus** are used for and how we would use them safely? **Springboard, trampette, box, buck, bench, gym mat, crash mat, horse..**

How should we **land** after performing flight and give 2 reasons why this is so important?

Can you explain or demonstrate some of the following types of flight? **Tuck jump, star jump, straddle jump, pike, through vault, turn, diving roll.**

When performing a flight **routine** with a partner we may choose to work in **cannon or mirror**. What is meant by these terms? Could you spot them being used in a lesson?

Can you give an example of **assisted flight**?

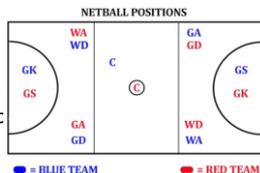
# PE: Netball

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>1st Stage Defence</b>	Marking the player
<b>2nd Stage Defence</b>	Marking the ball
<b>Horizontal Band</b>	An area across the width of the court
<b>Held Ball</b>	Holding the ball for more than 3 seconds
<b>Contact</b>	Touching another player
<b>Obstruction</b>	Standing less than a metre away from a player with the ball
<b>Free Pass</b>	A method of restarting the game after a player has broken a rule.
<b>Penalty Pass</b>	A method of restarting the game after a player has committed a foul against another player - the player who committed the foul stands by the stand of the player taking the pass.

## Section 2: New Knowledge/Skills

Within the netball module you will learn how to:

Play the full 7-a-side version of the game. You will learn the names, roles and the areas of the court each playing position can go in. Be introduced to some new rules - **held ball, obstruction, contact & over a third** and how the game is re-started after these rules have been broken. Do you know the difference between a **free** and **penalty pass**. What are these awarded for?



Perform a range of dodges (**sprint, change of direction** and **feint**) in order to get free from a defender.

Perform the correct shooting technique & develop movement within the shooting circle to create space & receive the ball

Use horizontal bands to create space on the court in order for your team to keep possession of the ball

Switch from 1<sup>st</sup> and 2<sup>nd</sup> stage defence. Know when to do this and why it is important .

# PE: Hockey

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Possession</b>	Keeping control of the ball as a team by passing it or dribbling it and not letting the other team get it.
<b>Stickwork</b>	Being able move your hockey stick quickly to control, dribble and turn with the ball, making it difficult for defenders.
<b>Self-pass rule</b>	When re-starting the game, remember that you can dribble the ball as well as pass it.
<b>Shooting circle</b>	The semi-circle in front of goal. You need to be inside it to take a shot.
<b>Give-and-go</b>	A quick way to get the ball up the field: pass to a teammate, run up the field and they give you the ball back.
<b>Dodging</b>	Trying to dribble past a defender in a one-on-one situation.
<b>Deception</b>	When dodging, make the defender think you are going one way, then go the other!
<b>Passing angles</b>	Make sure there is a clear line between you and your teammate in order to make a pass.
<b>Formation</b>	Arranging your team into roles such as defence, midfield and attack so that all areas of the pitch are covered.

## Section 2: New Knowledge/Skills

In this year's hockey unit you will continue to develop your individual skills but there will be more focus on working as team.

**Stickwork** will be an important part of your effectiveness as a player - quick and accurate control so you don't get tackled.

Keeping **possession** as a team will now become essential in order to create more goals and we will explore ways to link passes with teammates such as **creating passing angles** and using the **give-and-go**.

In games, we will start to get some team organisation and look at how to play in **formation**.

# PE: Swimming

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Speed</b>	This obviously means going as fast as you can, but we need to recognise it as the opposite of endurance. You cannot go fast for very long.
<b>Endurance</b>	The ability to keep swimming for a long period of time, but not particularly fast.
<b>Efficiency</b>	A smooth technique can help you move through the water with less effort, increasing both your speed and your endurance.
<b>Breathing</b>	It sounds obvious again, but a smooth and regular breathing pattern can improve the efficiency of the stroke.
<b>Straddle entry</b>	A safe way to enter deep water in an emergency situation. Your face should stay out of the water.
<b>HELP position</b>	Heat Escape Lessening Posture - take up this position to stay afloat in a survival situation.
<b>Surface dive</b>	Diving underwater from the surface of the water.

## Section 2: New Knowledge/Skills

In Year 8 swimming, we will be looking at ways to measure and improve the **efficiency** of our strokes. This will help both our speed and endurance.

We will explore how to start widths efficiently to gain maximum momentum, including sitting and standing **dives**. We will also look at efficient turn technique such as the **tumble turn**.

In **personal survival** we will try some tougher challenges such as the **straddle** entry into deep water, head-first and feet-first **surface dives** and endurance swimming. We will also have a go at swimming with clothes on.

In water-polo we will play the full-version of the game with goals, goalkeepers and a range of rules.

# PE: Rugby

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Tackle</b>	Wrapping your arms around a players legs to try to bring them to the ground.
<b>Breakdown</b>	The point at which the attacking teams forward progress is stopped, usually by a tackle.
<b>Recycle</b>	After the breakdown, the attacking team try to set up for another attack.
<b>Ruck</b>	After a player is tackled and the ball is placed on the floor, the teams compete for the ball
<b>Maul</b>	When a player with the ball stays on their feet in the tackle and players arrive to compete for the ball.
<b>Line-out</b>	The forwards of both teams line up for a throw-in from the touchline.
<b>Scrum</b>	The restart after a forward pass or knock-on where the forwards bind together to push over the ball.
<b>Offside</b>	Players must always stay on their own team's side of the ball.
<b>Forwards</b>	Players who usually use their size and strength to win the ball for their team and make ground up the pitch.
<b>Backs</b>	Players who use their speed and skill to avoid being tackled and to get the ball up the pitch.
<b>Scrum-half</b>	Collects the ball from the forwards and passes to the backs.

Section 2: New Knowledge/Skills
This year will see a move to contact rugby and you will first learn the key points of safe and effective tackling.
This will then be transferred to game situations where we will introduce many of the roles and rules mentioned in the table above. You will work towards becoming either a forward or a back depending on the personal and physical qualities you offer your team.

# PE: Football

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Possession</b>	The team or player in control of the ball.
<b>Formation</b>	Players plan and perform in set positions in the game.
<b>Width</b>	Using the sides of the playing area.
<b>Depth</b>	Using the ends of the playing area.
<b>Distribution</b>	Making good decisions about how and where to send the ball.

Section 2: New Knowledge/Skills	
You will be encouraged to demonstrate a good ready position, to prepare for action. This will include outfield and goalkeeping roles.	
Continue to demonstrate passing, dribbling and control skills to keep possession. Have you been able to use your left and right side to do this?	
When we perform in small sided games you will be using basic positions in a formation. These are defence (including goalkeeping), midfield and attack.	
Position	What do you need to do in this role?
Goalkeeper	
Defender	
Midfielder	
Attacker	
List three actions that are needed when you are a team captain?	

# PE: Running

New knowledge/Skills
You will continue to develop your <b>endurance</b> in running this year with further <b>target setting</b> to help you towards achieving a <b>personal best</b> in your timed runs.
We will look at how we can use <b>lap times</b> and <b>split times</b> to help break down a performance and help us to achieve a target.
We will consider some of the <b>mental</b> aspects of running which can be used to <b>motivate</b> ourselves and therefore improve performance, for example, <b>positive self-talk</b> .

# PE: Health and Fitness

New knowledge/Skills
Through the various activities in Year 8 we will consider the <b>effects of exercise</b> on the body and the science behind them, including: <ul style="list-style-type: none"> <li>• Redness of the skin</li> <li>• Changes to our breathing</li> <li>• Increased heart rate</li> <li>• Sweating</li> </ul>
We will link these effects to the importance of the <b>warm-up</b> and we will introduce the idea of having a <b>cool down</b> after an intense exercise session.

# PE: Leadership

New knowledge/Skills
To develop our leadership abilities in Year 9, you will be challenged to use your PE knowledge at times to lead a warm-up or a skill practice for a group of classmates.
We will discuss and try to develop some of the key <b>personal qualities</b> which can help you become a good leader such as: <b>communication, initiative, responsibility, knowledge, reliability, confidence, body language</b> .
You may be ask to take on various leadership <b>roles</b> such as <b>coach, captain, referee, scorekeeper</b> .

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
Scarification	Scratching, etching, burning, branding, or superficially cutting designs into skin.
Fragmented	To break or cause to break into pieces
Tonal bar	A way of demonstrating a tonal range
Ombé	Ombé is the blending of one colour hue to another, usually moving tints and shades from light to dark
Proportion	How the sizes of different parts of a piece of art or design relate to each other.
Symmetry	When two halves of a work of art mirror each other
Press print	Thin polystyrene printing sheets
Gradient	A gradual blending from one tone to another tone
Elongate	To stretch out of proportion lengthwise

Tier 2 vocabulary	Definition
Carving	The act of using tools to shape something from a material
Blend	The gentle transition from one tone or colour to another
Texture	How something feels e.g., rough or smooth
Detail	An individual or small part of an item
Highlight	The lightest parts of an object, drawing or painting. Where the light hits or reflects off an object.
Distort	To stretch out of proportion

### Observational drawing

You are going to make a drawing of an African mask - this is called first-hand observational drawing.

It is important you draw lightly and carefully using a 2B pencil.

Initially you are learning about what your mask looks like.

**Look closely at your mask –**  
 What shape is it?  
 Is it symmetrical?  
 Where are the eyes positioned?  
 How long is the nose?  
 Does it have hair or ears?  
 What sort of a mouth does it have?  
 Are there any other details? Headdress? Facial markings?  
**You are now going to start your drawing.**

1. Lightly draw a **straight line** down the centre of your mask photograph and repeat this on your blank page, using a ruler. This will be the centre of your mask. This is a construction line so don't press on as you will be rubbing these out later!
2. Lightly draw the **outline** of the main mask. Ignore any bits that are add-ons. (headdresses or ears) Is your mask symmetrical? If so copy over the shape.
3. Now add headdresses, ears, to the outer shape. Don't add facial details yet, you are only looking at the main outline..... **remember to sketch lightly**, as these may need to be moved.

Now you are going to place the facial features – the eyes, nose and mouth. Remember to sketch these lightly, as your first attempt may not be correct.

Start by placing the eyes. Notice on this mask the eyes are central to the main head shape. Study your mask and decide where, and how big your masks eyes are. Now **lightly** draw in where you want them to go using **construction lines**.

Use **construction lines** to help you place all of the main facial features now – as shown on the photo. So how low does the nose drop below the eyes? How far is it to the centre of the lips?

### ADDING TONE

**Tonal bar** you are going to draw out a tonal bar to practice adding tone first



Below is a drawing of An African mask. You can see all of the line work is done and the artist has started to add tone using a shading pencil. Use a **4B or a 6B pencil** for your shading. Before applying tone to your drawing, draw up a **Tonal Bar** somewhere at the edge of your page.

Use a ruler to draw the grid. Then carefully and smoothly fill in the tones from darkest to lightest using your **4B or 6B pencil**. You should look to use each of these tones in your drawing.

**Important- Before adding any tone to your mask, rub out any construction lines.**

**Now, using the full range of tones, start to apply shading to your mask drawing.**

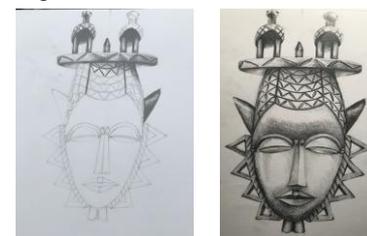
Start by looking hard to spot the darkest areas. Compare your darkest areas – are they equally dark or is one darker than the other?

Start with your darkest tone. Decide where you are going to start and gradually apply this dark tone to your drawing.

Apply this same dark tone to the mask drawing where you feel it should be.

Now look at how this tone changes as the shape of the mask changes. Look carefully to see how the tones **blend** from dark to light carefully and **smoothly**.

Dark, mid and light tones can be found all over the mask where the light and shadows fall.



Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
Scarification	Scratching, etching, burning, branding, or superficially cutting designs into skin.
Fragmented	To break or cause to break into pieces
Tonal bar	A way of demonstrating a tonal range
Proportion	How the sizes of different parts of a piece of art or design relate to each other.
Symmetry	When two halves of a work of art mirror each other
Pressprint	Thin polystyrene printing sheets
Easel	A frame for holding an artist's work or an object while it is being painted or drawn.
Gradient	A gradual blending from one colour to another colour
Elongate	To stretch out of proportion lengthwise

Tier 2 vocabulary	Definition
carving	The act of using tools to shape something from a material
blend	The gentle transition from one tone or colour to another
texture	How something feels, e.g. rough or smooth
detail	An individual or small part of an item
highlight	The lightest parts of an object, drawing or painting. Where the light hits or reflects off an object.
distort	To stretch out of proportion

Section 2: New Knowledge
<p><b>Cubism</b> - A term applied to a group of artists working in a particularly inventive, new way starting in 1907. Influenced heavily by African art, they brought different views of subjects (usually objects or figures) together in the same picture, resulting in paintings that appear fragmented and abstracted.</p> <p><b>Artists</b>                      Pablo Picasso            George Braque                      Juan Gris                    Paul Cezanne</p> <p><b>Context</b> - In 1907 Pablo Picasso, George Braque and other European artists visited an exhibition of African Art at an exhibition at the Ethnographic Museum of Trocadero in Paris. There they saw a large amount of African art and craft items including masks, sculptures and fabric. They saw African Art for the first time and were inspired by what they saw.</p> <p>They began to incorporate African influences in their own work. They were inspired by the stylised and distorted faces and the expressive power of the tribal artwork on show.</p> <p>One of the earliest and most important pieces of work influenced by African Art was by Pablo Picasso and is called <b>Les Femmes d'Alger (O.J.)</b> and was painted in 1907. This piece, marked a radical break from traditional composition and perspective in painting. It shows five naked women painted as flat, splintered surfaces whose faces were inspired by African masks. The cramped space in which they stand together appears to push forward in jagged shards.</p> <p>Another painting by Picasso which demonstrates how African art influenced the cubist style of painting is called <b>Nude with Drapery</b> and was painted in 1907. The head and figure in this painting are simplified, elongated and have harsh markings resembling a deeply carved wooden surface.</p>

Section 3: Techniques
<p><b>African Fabric</b>                      For centuries African artists have used the tie dye technique to produce vivid fabrics for garments and home decor.</p> <p><b>The Process Fabric + dye</b>                      The process starts with a base fabric, intricate patterns are deftly created by winding or tying string or small strips of grass to form a resist. After a cloth is fully tied it visits the dye bath where the tied areas form a resist against the new colour. The string or grass is left wrapped around the areas of fabric and then released once the fabric has dried.</p> <p><b>Printing artists</b>  <b>Kate Watkins</b> –Watkins first discovered printmaking while studying for a Fine Art degree at Leeds University during the 90's but returned to it over 20 years ago while attempting to find balance with her job as an art and photography teacher in Hampshire.</p> <p>Other famous printing artists include –                      John Muafangejo                      Charles Nkosi                      Azaria Mbatha</p> <p>To view the work of Kate Watkins, visit <a href="https://www.katewatkins.co.uk/">https://www.katewatkins.co.uk/</a></p>  <p>To view a range of African artefacts, visit <a href="http://www.quaibrantly.fr">www.quaibrantly.fr</a></p> 

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
Hyperrealism	a genre of art in which the work is of such detail that it resembles a photograph.
Burnishing	A colour pencil technique that is achieved by layering with more and more pressure until there's no sign of paper underneath and a sheen is created from the pencil wax.
Illustrator	a person who draws or creates pictures for magazines, books, advertising, etc
Zentangle	a form of meditative art that involves creating intricate designs using repeated patterns that together form the structure of a subject.

Tier 2 vocabulary	Definition
Tone	Refers to how light or dark a colour is. Each colour has an almost infinite number of tones.
Gradient	A process of transitioning a tone from light to dark or dark to light.
Blending	A process of layering two or more colour pencils together to create new colours and transitions of colour.
Flat Wash	Paint that has been thinned or diluted making the paint less vibrant and semi-translucent.
Under Painting	The application of a flat wash of colour to start a piece of work before layering materials such as colour pencil over the top.

**Section 2: Artists & Techniques**



Ian Macarthur is a renowned artist / illustrator from Swindon, England. He has achieved fame across the globe for his zentangle inspired patterns often depicted on the surface of humans and animals.

1. Draw the basic outline of a birds head.
2. Break the bird down into key shapes.
3. Create your own Ian Macarthur inspired patterns inside those shapes considering the curves over the birds face. (no patterns in the eyes and beak, just tone.)
4. Make your design symmetrical.
5. Use black pen to go over and shade your design.

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Mark Powell is a well know fine artist from Yorkshire. He is most famous for his depictions of people and animals in biro pen on the surface of found used paper materials such as envelopes, postcards, maps, and old documents

1. Find and old, used, discarded paper; the more interesting the better.
2. Draw the basic outline of a bird on the surface considering its placement on the document.
3. Shade your bird using a black biro focussing on the shadows and leaving highlights. Practise applying biro pressure to make a gradient like below. The less scratchy your marks the better.





DARK ← → LIGHT

**Section 2: Artists**



Amy Holliday is well known for her depictions of Birds using vibrant watercolour splashes. She allows her colours to bleed, creating new smooth blended areas, before working over key details such as the eye, beak and feet using a fine liner pen. Holliday currently lives and works in Cumbria, England

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Claire Brewster is a British papercut artist from Lincolnshire. Her process involves intricately cutting map paper with a sharp craft knife. She first draws the silhouette of the bird she wants to create onto a map carefully selected based on where the birds are found. Her silhouettes are often presented showing the shadow of the bird cast on a white surface.

1. Find and old, used, discarded paper; the more interesting the better.
2. Draw the basic outline of a bird on the surface considering its placement on the document.
3. Shade your bird using a black biro focussing on the shadows and leaving highlights. Practise applying biro pressure to make a gradient like below. The less scratchy your marks the better.



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Street artist Hua Tunan creates beauty out of chaos. Often seen throwing and splatting paint across the wall. Tunan gradually builds his main shape from these expressive movements. He then will work into the central focus of his work which is the bird's head, often the only section rendered in colour. Tunan was born in Guangdong, China and currently work out of Singapore.

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Cross cutting</b>	A device to move between two or more scenes staged in the space at the same time. It's important that the audience know which part of the action they should follow. One part of the action remains in still image while another scene is played out, directing the audience's focus.
<b>Character Status</b>	Status is the level of power or influence a character has.
<b>Intonation</b>	This is the rise and fall of your voice.
<b>Phrasing</b>	The way you break up a longer chunk of text into smaller pieces to help give it more meaning to the audience.
<b>Emphasis</b>	The way certain words are stressed to help communicate meaning to an audience.
<b>Naturalistic acting</b>	An acting style that is believable and mirrors how people behave in real life.
<b>Proxemics</b>	The deliberate use of distance between you and other characters or objects to communicate something to an audience.
Tier 2 vocabulary	
Tier 2 vocabulary	Definition
<b>Stereotype</b>	A familiar character identified by an oversimplified pattern of behaviour that typically labels the character as being part of a group of people.
<b>Sensitivity</b>	Thinking and reflecting carefully on the subject matter.
<b>Explore</b>	Considering the subject matter from various different perspective.
<b>Cause and effect</b>	In a cause and effect relationship, one event causes another to happen. The cause is why it happened, and the effect is what happened.

**Section 2: New Knowledge/Skills**

Try this vocal warm up.

How do we use FACE, BODY, VOICE, SPACE to communicate emotions? The QR code will give you ideas.

**P is for...**  
A useful way to remember different vocal skills is through the four Ps.

Pitch - the height or depth of the voice  
Pace - the speed at which lines are delivered  
Pauses - often forgotten and particularly important for building tension  
Phrasing - the inclusion of pauses and how an actor chooses to break up or emphasise certain words or phrases

In this clip actors explore how to show status on stage.

Cross cutting is used to cut between two different actions happening at the same time. By cutting back and forth between these different events, the director can establish that they are somehow linked. For example, in the film Jaws (1975) the director cross-cuts between point of view shots of the killer shark moving beneath the waves and shots of swimmers splashing above the waves. By cutting back and forth between the two locations audiences soon get the impression that a shark attack is imminent.

**What do these images Communicate?**



**Section 3: Characters and Information**

**Characters that you will play this term.**  
 Bully  
 Victim  
 Passer-by

The QR code takes you to the *poem Four O'clock Friday* by John Foster.

**Where to get help at Belper School?**  
You could speak to one of our anti-bullying ambassadors.

**You can also speak to any member of staff.**  
 Nathan Hobson  
 Lola Postlethwaite  
 Isla Heafield  
 Harry Burke  
 April Rowan  
 Ashton Matthews  
 Phoebe Webster  
 Eva Howitt  
 Isla-Rose Worrall

**Section 3: Links to Prior Learning**

**Status** was explored in *The Tempest* when creating scenes between Prospero and Caliban.  
**Vocal Techniques** are taught when exploring how to create tension in *The Woman in Black*.  
**Naturalistic Acting** was the style of acting that was taught in *the Home From Home*

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Riff</b>	A repeated musical pattern, usually heard in the introduction.
<b>Harmony</b>	Playing two or more notes at the same time. The "harmony part" in music is different to the melody part.
<b>Rhythm</b>	A series of long and short notes put together to form a beat.
<b>Texture</b>	Layers of sound combined to make music.
<b>Chord</b>	Two or more notes played together.
<b>Syncopation</b>	a placement of rhythmic stresses or accents where they wouldn't normally occur (off the beat).

Tier 2 vocabulary	Definition
<b>Call and Response</b>	Two short sections within a melody line where one phrase is answered by another.
<b>Chord Pattern</b>	A set of chords played in a particular pattern.
<b>Timing</b>	The ability to play fluently to a beat.
<b>Melody</b>	The main theme or tune of the music.

**Section 2: New Knowledge/Skills**

**Reggae** is one of the traditional musical styles from **Jamaica**. Reggae was first heard in the UK in the 1950's when immigrants began to settle. During the 1960's, people began importing singles from Jamaica to sell in UK shops. Now, Reggae is known as the national music of Jamaica.

The **lyrics** of Reggae songs are strongly influenced by Rastafarianism and are often political including themes such as **love, brotherhood, peace, poverty, anti-racism, optimism and freedom**.

One of the main features of reggae is **off beat rhythms** – these are rhythms that emphasise or stress the **weak beats of a bar**. In music that is in 4/4 time, the first beat of the bar is the strongest, the third the next strongest and the second and fourth are weaker. Emphasising the second and fourth beats of the bar gives a "missing beat feel" to the rhythm and makes the music sound **offbeat**, often emphasised by the **bass drum** or by hitting the edge of a **snare drum**.

### ONBEAT RHYTHM GRID

Pulse/Beat	1	2	3	4	1	2	3	4
"Onbeat" rhythms (strong beats)	♪	♪	♪	♪	♪	♪	♪	♪

### OFFBEAT RHYTHM GRID

Pulse/Beat	1	2	3	4	1	2	3	4
"Offbeat" rhythms (weak beats)	♪	♪	♪	♪	♪	♪	♪	♪

**Section 3**

**Bob Marley** was a famous reggae singer, songwriter and musician who first became famous in his band The Wailers, and later as a artist.




Don't [C] worry about a thing,  
 'Cause [F] every little thing gonna be all [C] right  
 Singin' don't worry about a thing,  
 'Cause [F] every little thing gonna be all [C] right  
 Rise up this mornin', smiled with the [G] risin' sun,  
 Three little [C] birds pitch by my [F] doorstep  
 Singin' [C] sweet songs of melodies [G] pure and true,  
 Sayin', [F] this is my message to [C] you-ou-ou

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
Pathogenic bacteria	Harmful bacteria (can cause Food Poisoning)
Raising Agent	Can be biological (e.g. yeast) or chemical (e.g. baking powder) - methods of introducing bubbles to create light texture.
Fermentation	When yeast has the correct conditions it will produce carbon dioxide.
Reduction Sauce	Flavours in a liquid sauce become more intense when the water content is reduced through evaporation
Core Temperature	The central temperature that meat should reach to ensure that it is safely cooked.
Preservation	To keep something for longer without it decaying or deteriorating
Gluten	A stretchy protein which gives bread dough the capacity to expand as yeast produces carbon dioxide. (Some people who have coeliac disease cannot digest.
Hypothesis	Prediction of results
Enzymic browning	An oxidation reaction (usually in fruit and vegetables) which causes browning

Tier 2 vocabulary	Definition
Cross Contamination	Transfer of bacteria or an ingredient which can cause allergies from one place to another
Dough	Thick paste which can be shaped and moulded (e.g. pastry / bread)
Knead	Action of folding and stretching dough to develop gluten strands
High Risk Foods	Foods which have a high risk of carrying food poisoning
Prove	Leaving dough in a warm place to give the yeast time to produce carbon dioxide

Section 2: New Knowledge/Skills

Key Temperatures

1. What temperature should a domestic freezer be?

1. When using a temperature probe to check the core temperature of meat, what is the minimum temperature that it should reach?

Some Names of Bacteria	Where they are found
<i>Salmonella</i>	Chicken & Eggs
<i>Staphylococcus aureus</i>	Humans & animals, skin / hair
<i>Bacillus cereus</i>	Reheated rice
<i>E. coli</i>	Animals / meat, unpasteurised milk / unclean water
<i>Campylobacter</i>	Animals / meat especially poultry

Section 3: Other subject specific things

**What Conditions Do Bacteria Need To Grow?**  
Warmth, Moisture, Food, Time

**Who is most at risk of Food Poisoning?**  
Babies and toddlers, very elderly frail people, pregnant women, people who are already seriously ill or who have a compromised immune system.

**Examples of high risk foods are**  
Meat and meat products, Fish (especially shellfish), poultry, eggs, dairy products & reheated rice

**HW 1.** Create a cartoon which explains how to reduce the risk of causing food poisoning when preparing, cooking & serving food. Use the key words from this knowledge organiser, then complete the **safety quiz on Google classroom** (or ask your teacher for a paper copy)

**HW2.** Research and Evaluate Breadmaking is a tradition in countries all around the world. Find out about the different types of bread served around the world. You can look in bakeries, supermarkets, cafes, recipe books and the internet. Complete a chart like the one shown below. Ask the adults that you live with about the traditional bread eaten in the area they grew up. Then complete the Google classroom evaluation (or ask your teacher for a paper copy)

Type of bread	Country	Appearance	Texture	Flavour	Traditionally served with
Rye bread	Popular in Europe especially Germany	Dark rich colour	Quite dense inside crispy crust	Strong malted flavour	Open sandwiches or with soup
Naan					
Bagel					
Baguette					

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Embroidery</b>	Decorating fabric using thread and a needle to create a pattern
<b>Non Woven Fabric</b>	Fabric created by bonding fibres together using pressure, heat or adhesive
<b>Eyelet</b>	A hole to thread your shoelaces through. Often made from metal.
<b>Sequin</b>	A decorative, reflective piece of plastic that can be sewn onto a product
<b>Transfer paint</b>	Can be painted onto paper. The design can then be transferred to synthetic fabric using the iron or heat press.
<b>Synthetic</b>	Man Made, a fabric that does not come from a natural source.
<b>Back Stitch</b>	A stitch that can be used for decorative purposes or to secure stitches at the start or end of seam.
<b>Oversewing</b>	A stitch where the thread goes over the edge of the fabric to hold the pieces together securely and neatly.
Tier 2 vocabulary	Definition
<b>Sculpture</b>	A 3D form, can be made from many different materials.
<b>Template</b>	A paper shape that shows the exact size of fabric that needs to be cut out
<b>Prototype</b>	A practice version of a new design to check how successful it might be and help to get ideas on how they might be further improved.

**Section 2: Skills**

**Transfer Paints**

You will create your trainer decoration using transfer paints.

These paints can be applied to standard paper. Once dry you turn the paper over (pattern side down against the fabric).

Next heat and pressure is applied using either an iron or heat press. The design transfers from the paper to the fabric. The process works by the paints turning from a solid to a gas. The gas has nowhere to go except the fabric due to the pressure.

The process works best on synthetic fibres like polyester and nylon. However it will work on blended fibres such as polycotton but the resulting colours will be less intense as the paint only penetrates the synthetic fibres.

**How to thread the top of the sewing machine**

Knowing how to change the top thread on the machine is essential in making your work look neater. It allows you to match the colour of the thread to the fabric you are sewing. The sewing machine has numbers and lines on it to show you how to thread the top of the machine. Use them alongside this diagram to help you change the thread successfully.

Remember to ensure the needle pedal is down.

If you need to change the bobbin you should ask your teacher for help.

**Section 3: Knowledge**

**Adidas**

The Adidas brand was started in 1949 by Adi Dassler. At the age of 49 in a small town in Germany began designing and making. In the same year, he registered the shoe that included the famous Adidas 3-Stripes.

**Nike**

Nike was founded by Bill Bowerman and Phil Knight. They met at the University of Oregon where Phil was a track runner and Bill was the coach. A few years later in 1971 the Nike brand and ‘Swoosh’ were registered.

**Synthetic Fibres**

Synthetic fibres come from man made sources. The main one is polyester. This is the second most used fibre in the world. It is derived from oil. Polyester is part of the family of plastics, like acrylic and nylon. As they are derived from a fossil fuel they are not considered to be sustainable fibres.

However in recent years more investment has been put into recycling and you may have seen polyester garments that have been made from plastic pop bottle. If more materials can be recycled instead of put into landfill then hopefully the impact on the environment can be reduced.

Micro plastics fibres are released from the fabric each time they are washed. These microfibres can end up in the waterways, and even inside the stomach of fish.

**Non Woven Fabric**

Non woven fabric is created by fibres that have been layer over each other in different directions. These fibres are bonded together using adhesive, heat or friction.

The resulting fabric is not very useful for garment production but is used for disposable medical clothing, such as the face mask you may have worn during the pandemic.

Felt is a non woven fabric. It is ideal to use for your trainer as it is easy to sew, the edges do not fray and the transfer paints work well in it as it is made from polyester fibres.

Section 1: - Key Vocabulary	
Tier 3 Vocabulary	
Cam	A shaped profile which transfers rotary movement to another form of movement in a new direction
Cam Shaft	A cylinder which carries the cams and is rotated
Cam Follow	A cylinder which rests on, and follows the movement of the cam profile
Lap Joint	A simple corner joint which increased the glued surface area
Comb Joint	An interlocking corner joint used to increase the gluing surface are and appearance
Image Contour	Technique used on 2D design to create an outline of an image
Laser Cutter	Machine used to accuracy cut and engrave wood and some types of plastic

Tier 2 Vocabulary	
Mechanism	A system of joined moving parts designed to transfer or change an input movement into a new output movement
Reciprocating	Moving back and forth in a straight line
Rotary	Movement in full circles
Linear	Movement in a straight line in one direction
Design Brief	A context used to define a problem which requires solving
CAD	Computer Aided Design – Software used to design a product
CAM	Computer Aided Manufacture – A machine which is controlled by a computer

**Section 2: Skills**

**Bench Carpentry**

**Lap Joint** – A method of using a tenon saw, mallet and bevelled edge chisel to remove ½ the thickness of the one part wood to create a larger gluing surface areas.

**Comb Joint**– A method of using a tenon saw, coping saw, mallet and bevelled edge chisel to remove ‘fingers’ of wood which can be interlocked and glued for strength, stability and appearance.

**Pillar Drill**

Drilling is a wastage procedure When drilling all the way through a piece of wood the drill should be set at a lower speed, and the work piece should be clamped in place with a G Cramp. A piece of ‘sacrificial’ wood should be place below the work to stop any splintering

**Mechanism assembly and testing**

Cam profiles are attached the to the cam shaft, the cam follower rests on top of the cam profile. The cam should rotate at constant rate to produce the desired outcome movement of the follower, without it wobbling or jamming

**Practical Problem solving**

When designing new products it is common to have problems along the was. Apply 3B4me rule to independently solve you problem. Try 3 methods of solving the problem before asking the teacher for support. (Ask a friend who has already solved it, look at a teacher example, have a go)

**Graphics application**

Be able to apply paint to wood using a range of techniques, including brush, toothbrush splatter, sponge, and Pen pens

**Section 3:- New Knowledge**

**Design Briefs**

Product design often happens as a result of a problem arising. Be able to analyse a problem, then write a design brief which will guide the develop if ideas to solve the problem

**Types of movement**

**Linear**  
Movement in a straight line in one direction

**Reciprocating**  
Movement in a straight line back and forth

**Oscillating**  
Movement back and forth in an arch

**Rotary**  
Movement in a continuous full circle

**Cam mechanisms**

**Eccentric Cam** – Smooth movement up and down

**Snail Cam** – Fast, smooth movement up, followed by a drop back down

**2 CAD Software - Contouring**

Using CAD software to convert a Black and white JPG image into a outline DXF image which a laser cutter can then engrave

**Section 4:- WAGOLL**



Section 1: Key Vocabulary	
Tier 2 vocabulary	Definition
<b>Stigma</b>	Negative or often unfair assumptions of a topic, person or group
<b>Misconceptions</b>	False information which is commonly accepted as truth.
<b>Drugs</b>	Substances taken which affect the human brain and body
<b>Alcohol</b>	Alcohol sometimes referred to by the chemical name ethanol, is the second most consumed psychoactive drug globally behind caffeine
<b>Tobacco</b>	A dried leave which is smoked in cigarettes, cigars and pipes. Contains nicotine
<b>Emergency</b>	A serious, unexpected, and often dangerous situation requiring immediate action
<b>Body image</b>	A person's perceived idea of their body
<b>Sex</b>	Sexual activity, including specifically sexual intercourse.

Tier 3 vocabulary	Definition
<b>Triggers</b>	A stimulus that elicits a reaction.
<b>Coping Strategies</b>	Behavioural and cognitive techniques used to manage stressful situations
<b>CPR</b>	Short for cardiopulmonary resuscitation
<b>STI</b>	Short for sexual transmitted infection
<b>Contraception</b>	The use of medicines, devices, or surgery to prevent pregnancy

Section 2: Key Themes:
<p><b>Mental Health &amp; the stigma attached:</b> The stigma attached to mental health and why it is important to learn strategies to support our mental health. Where to seek help from if needed.</p> <p><b>Drugs, Alcohol &amp; Tobacco – Influence:</b> The different types of legal and illegal substances and how they can influence us, our behaviour and decision making. Challenging misconceptions.</p> <p><b>Maintaining a balance life:</b> Learning strategies to support a balanced and health life and understand how our choices might be influenced. The different elements that make up a healthy life.</p> <p><b>First aid &amp; responding to an emergency:</b> An introduction into how to respond in an emergency and how to perform CPR. The positive impact this can have on society.</p> <p><b>The impact of social media:</b> The impact of social media on how we express ourself but also how it can affect our body image and mental health. Managing internal and external influences on our wellbeing.</p> <p><b>Contraception &amp; STIs:</b> An introduction to different forms of contraceptives and how they work. An introduction to STIs and how they can spread. Where to access advice.</p>

**Section 3: Key concepts:**

**CPR in Adults and Older Children**

- Place both hands in the center of the person's chest, locking fingers.
- Using your body weight, push hard with your hands.
- Keep compressing at a rate of 100 to 120 beats per minute.
- Do chest compressions for 30 seconds, followed by two rescue breaths, repeat.

**HEALTHY LIVING**

# Spring 1: Extra – Curricular Timetable

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Lunchtime Clubs: 12.20 – 1.00</b>				
<p><b>Football</b> Year 7 With James 3G</p> <p><b>Table Tennis</b> Year 10/11 With Tom GYM</p> <p><b>Book Group</b> Year 9 With Sarah Phillips Library</p> <p><b>Art Club</b> All Years With Lucy A4</p> <p><b>Wargaming Hobby Painting Club</b> All years With Richard A3</p>	<p><b>Duolingo Club</b> All Years With Sarah Knappett Languages Block</p> <p><b>Badminton (week 1)</b> Year 8/9 With Tom Sports Hall</p> <p><b>Football</b> Year 9/10 With James/Matt 3G</p> <p><b>Ultimate Frisbee (week 2)</b> Year 7/8/9 With James Sports Hall</p>	<p><b>Technical Theatre Club</b> All Years (max 10 students) With Sarah Holme A7</p> <p><b>Football</b> Year 11/12/13 With Matt and Tom 3G</p> <p><b>Belper Band</b> All Years <b>Woodwind, Brass and Strings</b> With Anna MU1</p> <p><b>Handball</b> Year 8/9 With Tom Sports Hall</p>	<p><b>Digital Skills Drop In</b> Yr10-13 With Jody A2</p> <p><b>Football</b> All Years Girls With Leanne Sports Hall/3G</p> <p><b>Music Club</b> All Years With Phil MU2</p> <p><b>Knitting and Crochet Club</b> All Years With Emma T5</p> <p><b>Scalextric Racing/ Model Railways</b> All Years (Max 15 students) With Phill T1</p> <p><b>Foreign Language Spelling/ Translation Bee practice</b> Years 7, 8, 9 With Sarah Knappett Languages Block</p> <p><b>Belper Choir</b> All Years With Anna MU1</p>	<p><b>Chess</b> All Years With Carlos M2</p> <p><b>Football</b> Year 8 With Tom 3G</p> <p><b>Games Club</b> Years 7, 8 With Emma Library 12.20 – 1.00</p> <p><b>Multisports Club</b> Year 7 (Yr10 Sports Leaders) With Rebecca and Matt Sports Hall &amp; Gym</p>

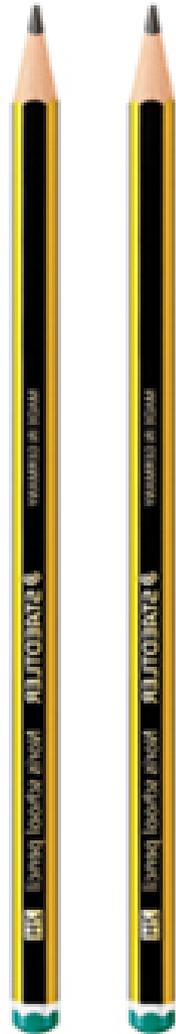
# Spring 1: Extra – Curricular Timetable

Monday	Tuesday	Wednesday	Thursday	Friday
<b>After School Clubs</b>				
<p><b>Gardening</b>  <b>All Years</b>            With Marc and Tony            Rosie's Garden            3.05 – 4.00</p> <p><b>More Than Robots</b>  <b>Years 8, 9, 10, 11</b>            With Sarah Speight            T1            3.05 – 4.00</p> <p><b>Music Producers Club</b>  <b>Years 9, 10, 11</b>            With Phil            MU2/Recording Studio            3.05 – 4.00</p> <p><b>Football</b>  <b>Year 8</b>            With Tom            Field            3.05 – 4.00</p> <p><b>Sports Leadership Events</b>  <b>Year 9/10/12</b>            with Rebecca, Matt &amp; AVSSP            3.05-4.00</p>	<p><b>Netball</b>  <b>Years 7/8</b>            With Rebecca            Sports Hall            3.05 – 4.00</p>	<p><b>Litter Picking</b>  <b>All Years</b>            With Marc            P2            3.05 – 4.00</p> <p><b>Scalextric Racing/ Model</b>  <b>Railways</b>  <b>All Years (Max 15 students)</b>            With Phill            T1            3.05 – 4.00</p> <p><b>Circuit Training</b>  <b>Year 7/8/9</b>            With James            Gym            3.05 – 4.00</p> <p><b>'Your Time' Leadership</b>  <b>Year 9 Girls with Rebecca and</b>  <b>Matt</b>  <b>Sports Hall</b>            3.05-4.00 (week 1)</p> <p><b>A level PE Revision</b>  <b>Year 13 with</b>  <b>Rebecca/Tom/Matt</b>            3.05-4.00</p> <p><b>Sports Studies/GCSE Sports</b>  <b>Club</b>  <b>Year 10/11</b>  <b>With Tom</b>            3.05-4.00 (week 2)</p>		<p><b>Friday Night Sports Club</b>  <b>Year 10/11/12/13/staff</b>            With Matt, Leanne, Tom &amp; James            3G/Sports Hall</p>

2 Black/Blue Pens and 1 Coloured Pen



2 Pencils



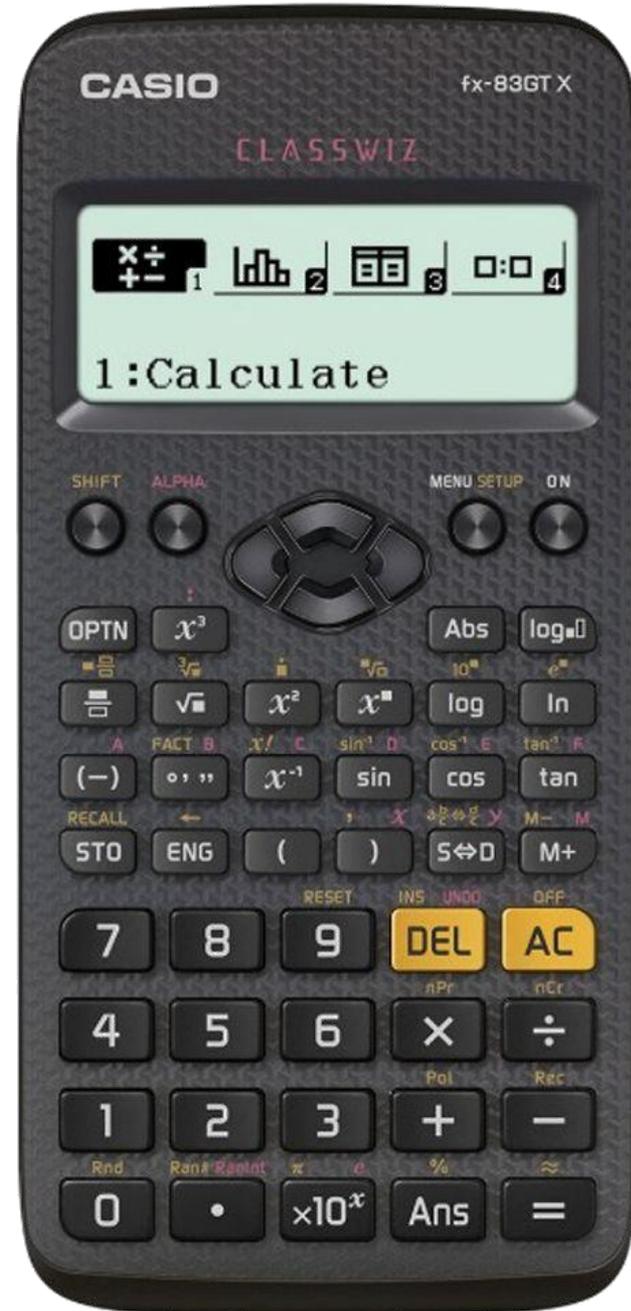
Eraser



Pencil Sharpener



Scientific Calculator



Knowledge  
Organiser

Ruler

